SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 33 SHOPPERS DRUG MART

Thursday, August 15, 2013 metronews.ca | twitter.com/metrotoronto | facebook.com/metrotoronto

Learn how modernizing OLG can benefit you. Visit ModernOLG.ca

TORONTO metro®

$15 MILLION estimated
Lotto MAX
Friday's Jackpot

GLAMPING? YURT WELCOME

TWO METRO REPORTERS BRAVE THE WILDS OF KING-SIZE BEDS, FLUFFY PILLOWS AND PINOT NOIR. DOES THIS MEAN THEY'VE LOST THEIR WILDERNESS CRED?

PAGE 22-23

Questions amid grief after TTC crash

Family mourns as witnesses wonder if fatal accident could have been avoided PAGE 2

Ex & candy

CNE treats from deep-fried bacon-wrapped Mars bars to fruity Chilly Ribbons PAGE 4

Carny concessioner chronicles cotton candy, candy apple circuit PAGE 27

Drawn like meth to a flame

Albuquerque cashes in on tourists' addiction to Breaking Bad's setting, as series winds down PAGE 31

NEWS WORTH SHARING.

EGYPT ERUPTS

Reporters run for cover during clashes between Muslim Brotherhood supporters of Egypt's ousted president Mohamed Morsi and police in Cairo on Wednesday, as security forces backed by bulldozers moved in on two huge pro-Morsi protest camps, launching a long-threatened crackdown that left dozens dead. Story, page 8. MOSAAB EL-SHAMY/AFP/GETTY IMAGES

'Disgusting' anti-abortion flyers flood mailboxes

Brampton. Disturbing images intended to provoke voters into pressuring Tory MPs

Shocking images of aborted fetuses are being dropped in the mailboxes of 100,000 households in Peel Region, where two MPs have been targeted by a pro-life campaign.

"I don't want to ever see that again," said Shalini Misir, a Brampton resident who says she still hasn't gotten over the bloodied tiny bodies shown on the postcard-style flyer she received in her mail last week.

The Canadian Centre for Bio-Ethical Reform, a Calgary-based anti-abortion group with a Toronto office, has targeted Prime Minister Stephen Harper and Parm Gill (Brampton-Springdale), Bal Gosal (Bramalea-Gore-Malton), Rick Dykstra (St. Catharines), and Michelle Rempel (Calgary Centre-North). All are Conservative MPs.

A spokesperson for CCBR said its campaign picked the five politicians because of their voting records on abortion issues and comments they have made about the subject.

"We started the campaign with these five politicians in May. It started in Stephen Harper's (Calgary Southwest) riding, then we announced one more politician a week for five weeks," said Jonathon Van Maren, while he was in Gill's riding hand delivering postcards to homes.

He says 50,000 will be delivered in each of the five ridings, adding, "There are many more politicians to come."

The postcards each have pictures of aborted fetuses right next to a photo of the MP representing the riding where the particular flyer is delivered.

Each MP is blamed for the gruesome outcome shown, and the cards encourage residents to contact their MP at the number provided.

TORSTAR NEWS SERVICE

Quoted

"They didn't win me over. The only reason I called my MP was to complain about how disgusting this group's flyer is. Their cause has been completely lost on me." Shalini Misir, a Brampton resident

The lasting way to fight unwanted hair
inhibitif
BREAKTHROUGH BODY HAIR INHIBITOR
inhibitif
INHIBITIF.COM
Only at SHOPPERS DRUG MART

Greetings from the great and powerful Ozz

The legendary Ozzy Osbourne hit the ACC on Wednesday with his fellow pioneers of black metal, pumping their new album, 13, in the Top 10 around the world. Ozzy treated lovers of all things occult to a fond look back at the band's biggest hits, as well as cuts from the new record. Black Sabbath has sold more than 70 million records and was inducted into the Rock and Roll Hall of Fame in 2006.

TOM PANDI/FOR METRO

Family mourns as witnesses question deadly TTC crash

Aftermath. Woman was going to work when bus she was boarding hit by truck

A family is grieving after a truck collided with a TTC bus, killing a 52-year-old grandmother and injuring 12 others in a Tuesday incident that shaken witnesses believe was avoidable.

On Wednesday, relatives remembered Manoranjana Kanagasabapathy, who lived with her husband in Scarborough.

Theepan Thavarajah, Kanagasabapathy's son-in-law, said she had two children — a son who recently graduated from Ryerson University and a daughter who gave birth to Kanagasabapathy's first granddaughter last September.

"It was devastating. We were in denial — I would say we are still in denial," Thavarajah said. "We're still expecting her to walk in any time."

Kanagasabapathy was stepping onto a westbound Steeles Avenue bus when a cube truck going in the opposite direction crossed over and smashed into the front of the bus, police say. She was on her way to work at TD Canada Trust headquarters and had just come from praying at a nearby Hindu temple, her family said. She was pronounced dead at the scene.

Witnesses question how it could have happened.

Karan Shetty was in the passenger seat of his work truck, stopped at a red light next to the TTC bus, when he saw the cube truck make what he thought was a left turn. Shetty said he saw the driver talking on a cellphone.

On Wednesday, police provided new details as they appealed for witnesses to come forward. They said that at 11:30 a.m., a westbound TTC bus stopped just east of Middlefield Road, where Kanagasabapathy was boarding.

At that time, an eastbound commercial truck driven by a 40-year-old man crossed into the westbound lanes, jumped the curb and hit a hydro pole before striking the front right corner of the bus. No charges have been laid.

The owner of Wilby Commercial, which owns the truck, said the driver has worked for him for more than two years.

TTC spokesman Brad Ross said the bus driver had to be rescued using the Jaws of Life. He said the driver's injuries were minor and he was released Tuesday.

TORSTAR NEWS SERVICE

Eyewitness

"I jumped out of the truck to make sure everything's OK. I wanted to check that lady who was walking and she was right beneath the truck — and this guy was still on the phone." Karan Shetty

Extreme weather

July flood was Ontario's most costly natural disaster

The storm and flash flooding that hit the GTA on July 8 has set a record for the province's most expensive natural disaster, the Insurance Bureau of Canada says.

A preliminary estimate of insured property damage is already more than $850 million, IBC said Wednesday.

"While these preliminary estimates are staggering, we do expect them to go even higher," IBC Ontario vice-president Ralph Palumbo said in a statement about the storm, which in Toronto alone resulted in record rainfall, travel chaos and power knocked out for about 300,000 residents.

The day after the downpour, Mayor Rob Ford said the power system was "hanging by a thread" and Mississauga later asked the province for disaster relief.

Palumbo said there needs to be further preparation for more frequent severe weather.

The dollar figure was reported by PCS-Canada Service, which tracks losses from Canadian catastrophic events. TORSTAR NEWS SERVICE

Swimming, anyone? Last month's flash flooding cost a bundle. THE CANADIAN PRESS FILE

HEALTHY MEN & WOMEN NEEDED
We are looking for healthy men and women to participate in clinical research studies
You will be compensated up to $2550 upon completion of the study
PHARMA MEDICA
RESEARCH INC.
pharmamedica.com
416.759.5554

fido

We give you peace of mind

$65 per month[1]

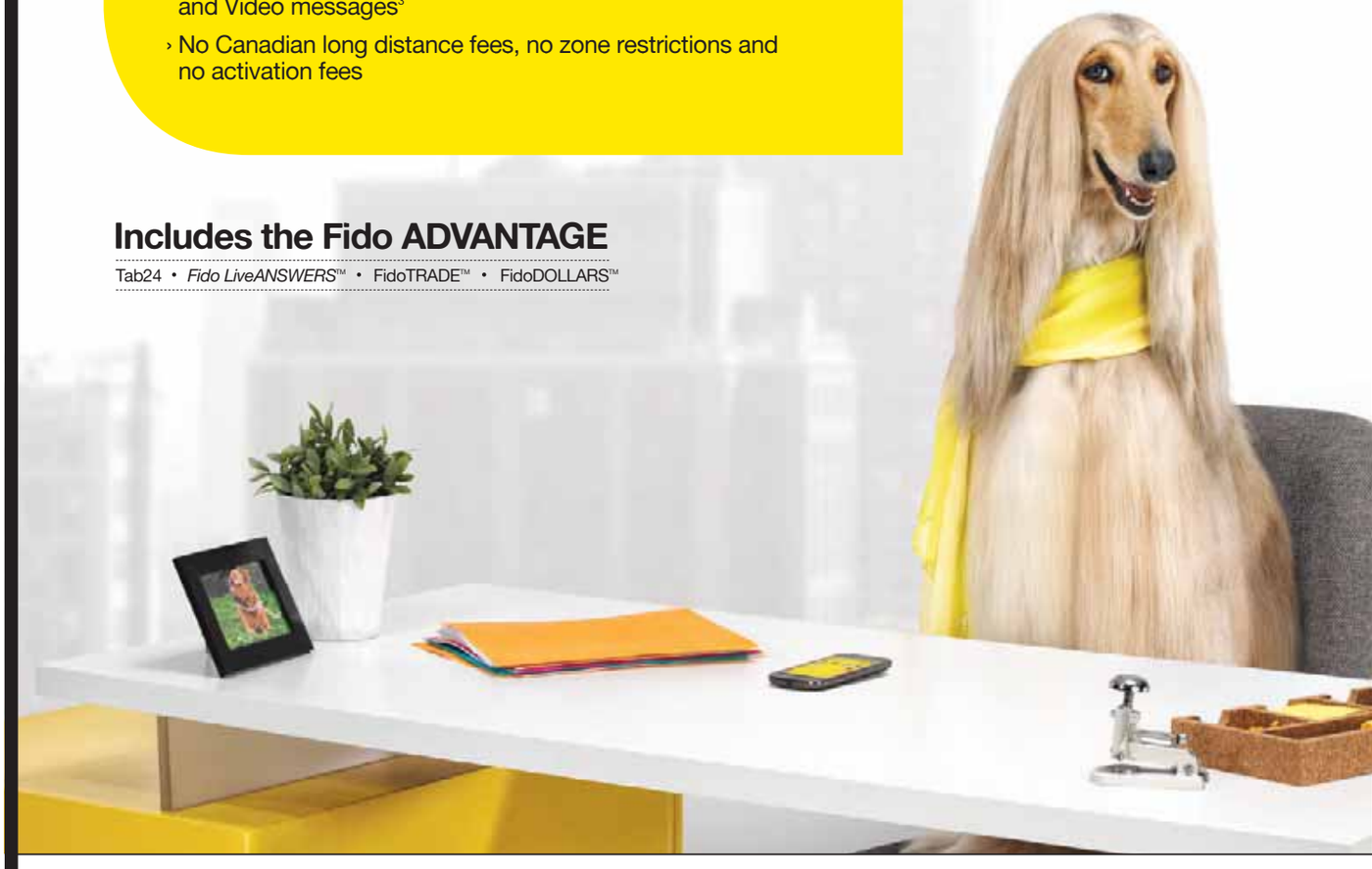
Unlimited Talk Canada-wide[2]
Unlimited Messaging[3]
1 GB of data[4]
Call Display and Voicemail[5]

› Unlimited Messaging includes: international Text, Picture and Video messages[3]

› No Canadian long distance fees, no zone restrictions and no activation fees

Includes the Fido ADVANTAGE

Tab24 • *Fido LiveANSWERS*™ • FidoTRADE™ • FidoDOLLARS™



It's time to switch. Visit a store, call 1-866-301-3436 or go to fido.ca.

FIDO STORES

AJAX
Westney Heights Plaza

AURORA
14879 Yonge Street

BARRIE
Cedar Pointe
Georgian Mall

BRAMPTON
105 Kennedy Road
Bramalea City Centre
Georgetown Market Place
Shoppers World

BRANTFORD
Brantford Mall

BURLINGTON
Burlington Mall
Mapleview Shopping Centre

CAMBRIDGE
Cambridge Centre

CONCORD
Vaughan Mills

GUELPH
Stone Road Mall

HAMILTON
77 James Street North
Eastgate Square
Lime Ridge Mall

KITCHENER
Fairview Park Mall

LONDON
Masonville Place
Westmount Mall
White Oaks Mall

MARKHAM
9-570 Alden Road
3255 Highway 7 East, Unit 126
8339 Kennedy Rd, South Unionville SQ
Albion Mall
Markville Shopping Centre

MISSISSAUGA
Dixie Outlet Mall
Erin Mills Town Centre
Sheridan Centre
South Common
Square One Shopping Centre

NEWMARKET
Upper Canada Mall

NORTH YORK
Centerpoint Mall
Fairview Mall
Yorkdale Shopping Centre

OAKVILLE
Oakville Place

OSHAWA
Oshawa Centre

PICKERING
Pickering Town Centre

RICHMOND HILL
Hillcrest Mall

SCARBOROUGH
4438 Sheppard Avenue East, Unit 127
4675 Steeles Avenue East, Unit 1D18
Bridlewood Mall
Scarborough Town Centre
Woodside Square

ST. CATHARINES
Pen Centre Mall

THORNHILL
Rutherford Road
The Promenade Shopping Centre

TORONTO
607 Bloor Street West
3015 Bloor Street West
2400 Eglinton Avenue
1911 Finch Avenue West, Unit K11
333 King Street East
944 Kingston Road
1712A Queen Street East
290 Queen Street West
1448 Queen Street West
222 Spadina Avenue, Unit 3A
363 Yonge Street
2300 Yonge Street, Unit S22, concourse level
2674 Yonge Street
6064 Yonge Street
Agincourt Mall
College Park
Dufferin Mall
East York Town Centre
Eglinton Square Shopping Centre
Liberty Village Cellworks
Liberty Village Intown
Parkway Mall
Richmond Adelaide Centre
Sherway Gardens
Toronto Eaton Centre
Westwood Mall
Yorkgate Mall

WATERLOO
Conestoga Mall

WHITBY
1549 Dundas Street East

WINDSOR
Devonshire Mall
Tecumseh Mall

WOODBRIDGE
9200 Weston Road

FUTURE SHOP · BEST BUY · WIRELESSWAVE · Tbooth wireless · COSTCO WHOLESALE · WIRELESS etc... · CELLULAPOINT · BATTERIES N' gadgets · Walmart · THE MOBILE SHOP · MOBILE

Offer subject to change without notice. **1.** Smart plans available monthly or with a 2-year Tab24 agreement. Additional long distance, roaming, data, add-ons, provincial 9-1-1 fees (if applicable) and taxes are extra & billed monthly. **2.** Airtime includes calls from Canada to Canadian numbers only, billed by the minute. Each additional minute costs 45¢ (20¢ for Call Forwarding). **3.** Plan includes messages sent from Canada to Canadian, U.S. and international wireless numbers. Sent/received premium messages (alerts, messages related to content and promotions) and messages sent while roaming not included and charged at applicable rates. **4.** Additional data: $10/1 GB, charged in $10 increments. U.S. data roaming is $7.99/50 MB for 24 hours and International data roaming is $10/ MB for Europe and $15/MB for all other applicable international destinations. See **fido.ca/roaming** for more details. **5.** Service includes up to 3 messages, each 3 minutes in length that can be saved up to 3 days. © 2013

Let's go to the Ex — and PIG out

CNE. Even the most ardent bacon-lover may meet their match in the 7,500-calorie Notorious PIG Combo

If any meal might just kick off a coronary, this could be it.

The Notorious PIG Combo features three-way oink in the "Canuck Burger" — two ground-bacon patties, a slice of peameal, crispy bacon strips, cheddar — an order of bacon-cheese fries and a peanut-butter-and-bacon milkshake to wash it all down, of course.

For dessert: Last year's carnival hit, the bacon-wrapped, deep-fried Mars Bar.

At about 7,500 calories — so its creator estimates — this "meal" not only flies in the face of a 2,000-calorie-a-day diet; it just might be the most artery-clogging offering at the CNE this year. The fair opens Friday.

"You don't have to eat for a few days after!" says Baconation food concession co-owner Dan Motta, who came up with the PIG, which he swears is for sharing. Sold for $30, it comes with a T-shirt that says: "You conquered it."

"We're just giving people what they want," he says.

Also popular this year is Nutella drizzled over sweet-potato fries in one dish, and in another, smeared on the inside of a pizza-dough cone (about $7.50). Its nutty deliciousness is overpowered, however, by vanilla soft serve, chili flakes and — you guessed it — bacon.

For maximal hype and heartburn, there's the "Cronut"-inspired maple-bacon burger.

A cheese-swiped beef patty is slapped between two cinnamon-sugar croissant-doughnut halves and topped generously with homemade "maple-bacon jam." TORSTAR NEWS SERVICE

For the vegans

On the lighter side, Wild Child's Kitchen is serving up Nacho-Rama ($8 for a large order), a vegan dish of corn tortillas, savoury guacamole, fresh salsa, cashew cream and faux meat, crafted from crushed walnuts and sun-dried tomatoes.

Fruit ribbons

For the sweet tooth

Near the Dufferin Gates, you'll find a small concession shaped like a ski chalet. A special machine shaves ice cream off a frozen block — paper-thin sheets fall elegantly into a silky pile and taste airy, icy, cool and creamy all at once.

The first time Chilly Ribbons CEO Scott Colwell tasted this treat in Taiwan, he was hooked, he says. He had to bring it to the Ex.

Colwell, who kicked off his retail business five months ago in the U.S., says the Ex's kiosk will boast several of the brand's 40 flavours including mango, coconut and lemon.

The fruit ribbons are made with real fruit puree, sugar and milk, he says. Without toppings, a large bowl ($4.85) barely tips the scales at about 80 to 100 calories. TORSTAR NEWS SERVICE

Chilly Ribbons owner Scott Colwell holds up another offering available at the CNE this year: His mango shaved-ice dessert, a cold treat similar to ice cream. TARA WALTON/TORSTAR NEWS SERVICE

Complaints drive out food trucks

The city's food-truck pilot project hit a speed bump Wednesday, with planners dropping Woodbine Park from the list of trial truck spots in the face of neighbourhood criticism of noise and fumes from the mobile eateries.

"We thought it was a pretty good spot, but the feedback was quite surprising, because we didn't expect it from that location," said Suresh Doss, a representative of the Ontario Food Truck Association tapped by the city to head the project.

"We obviously don't want to rattle the cages here, because we want people to kind of embrace food-truck culture. So let's take it off the table for now."

The pilot project was launched Aug. 1 and consists of 24 food trucks rolling out to city parks to hawk their goods and gauge public reaction, as part of a review of Toronto's street-vending rules.

Trucks scheduled to set up at Woodbine Park will now be told to relocate alongside others at Sherbourne Common, said Doss.

However, he added, the pilot project has been given a measure of flexibility from the city's parks and recreation department, allowing Doss to cast about for other locations to test the presence of food trucks. He expects to add three other parks to the list.

TORSTAR NEWS SERVICE

City councillors Josh Colle and Mary-Margaret McMahon celebrate the Aug. 1 launch of the food-truck pilot program. JESSICA MCDIARMID/TORSTAR NEWS SERVICE FILE

UNLIMITED DATA, TALK & GLOBAL TEXT.

Unlimited plans keep you inseparable. $33 per month for a limited time

WIND® true mobile freedom™

Offer valid from August 8 – September 30, 2013 or prior notice of termination on windmobile.ca. All unlimited plan features are available from anywhere on our network, otherwise roaming rates apply. Cannot be combined with the Bring/Buy Your Own Phone offer. For eligible customers and devices, this plan may be activated in conjunction with WINDtab. Additional terms and conditions apply for WINDtab. This plan is available only as long as you keep the plan without interruption. Available to individual new customers and, under certain conditions, to existing customers. All services subject to WIND's Terms of Service, Fair Usage Policy and Internet Traffic Management Policy and are for personal use by an individual. Conditions apply. Applicable taxes extra. Learn more at windmobile.ca. Samsung and Samsung Galaxy S4 are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated. WIND, WIND MOBILE, WINDtab and true mobile freedom are trademarks of Wind Telecomunicazioni S.p.A. and are used under license in Canada by Globalive Wireless Management Corp. © 2013 WIND Mobile.

The lasting way to fight unwanted hair

inhibitif
ADVANCED HAIR-FREE BODY SERUM
APPLY EVENLY ON SHAVED OR WAXED BODY AREAS TWICE PER DAY FOR 2 MONTHS OR UNTIL BODY HAIR APPEARS NEARLY INVISIBLE. REDUCE APPLICATION TO ONCE EVERY OTHER DAY TO MAINTAIN RESULTS.
>0.41% LAURYL ISOQUINOLINIUM BROMIDE
0.20% DIHYDROMYRICETIN
>0.25% PSEUDOALTEROMONAS FERMENT
7.00% MAIZE PROPANEDIOL
8 FL OZ | 240 ML

BREAKTHROUGH BODY HAIR INHIBITOR

inhibitif

INHIBITIF.COM

@INHIBITIF

/INHIBITIF

Only at SHOPPERS DRUG MART

Mom shocked after stepping on needle

Toronto. Data reveals hundreds of discarded syringes in 18 months

When the discarded syringe pierced deep into her heel, Danielle Monk was grateful for one thing — that it wasn't her two-year-old son Nolan that stepped on the soiled needle in a Toronto park.

In that same second, Monk's dream of having found refuge from the drugs, shootings and crime of the city's downtown core was shattered.

"My husband and I realized we didn't want to raise our son in Parkdale," said Monk. "So when we visited Mimico three years ago, and saw the beauty and tranquility of the neighbourhood, we decided to move there."

The 26-year-old mother stepped on the needle on Aug. 6 while playing with Nolan in Norris Crescent Parkette behind their small apartment.

"I just grabbed the needle, threw it in the trash and grabbed my son," she said. "I then rushed to the ER where I ended up waiting for four hours before I could even see someone."

She has avoided the park ever since. "There are generations of the same families ... who say they've all seen an increase in drug use in the neighbourhood."

Data on discarded syringe-related reports reveal 137 requests were submitted to the city's 311 line between January 2012 and June 6, 2013, resulting in the recovery of 571 needles. TORSTAR NEWS SERVICE

Danielle Monk and Nolan at Norris Crescent Parkette. KEITH BEATY/TORSTAR NEWS SERVICE

WAREHOUSE SALE

SCARBOROUGH TOWN CENTRE, WOODBINE PLAZA AND BURLINGTON MALL

SAVE UP TO 80% ON CLEARANCE MATTRESSES, FURNITURE AND MAJOR APPLIANCES

80% off selected mattresses
SEALY, BEAUTYREST, SERTA and STEARNS & FOSTER
Queen mattresses from $359

60% off selected furniture
Leather sofas from $719
Upholstered sofas from $478

Plus, 60% off selected patio furniture

UP TO 35% off selected major appliances
BOSCH, GE, FRIGIDAIRE, KITCHENAID and more

24 EASY PAYMENTS – NO ADMIN FEE – 0% INTEREST FOR 24 MONTHS On all furniture, major appliances, mattresses and home entertainment when you use your Hudson's Bay MasterCard® or your Hudson's Bay Credit Card.
Minimum purchase $499 (excluding taxes). Delivery charges and taxes are payable up front. On approved credit only. Equal monthly payments required. See below for details.

HUDSON'S BAY

Shop in store and at thebay.com

Special Payment Plans are available on approved credit with your Hudson's Bay MasterCard or Hudson's Bay Credit Card on the identified items. Not applicable in Quebec. If you default under your payment terms or under your Hudson's Bay Account Agreement, then the terms and annual interest rate are set out therein. The billing period covered by each statement will be approximately 30 days. For full details, go to http://paymentplanhbc.com, call 1-800-263-2599 or see a store associate. Hudson's Bay, Hudson's Bay Credit, hbc.com and their associated designs are trademarks of Hudson's Bay Company. **Credit is extended by Capital One Bank (Canada Branch).** Capital One® is a registered trademark of Capital One Financial Corporation. MasterCard and the MasterCard brand mark are registered trademarks of MasterCard International Incorporated. All marks used under licence. All rights reserved.

Yatim review. Blair says ex-judge's connection to law firm not an issue

Police Chief Bill Blair says that a review of Sammy Yatim's death by former associate chief justice Dennis O'Connor will remain unbiased, even though the ex-judge works with a law firm that represents the Police Services Board.

O'Connor practices law with Borden Ladner Gervais LLP, which is currently involved in a number of wrongful use of lethal force cases.

Blair announced Monday he was bringing in O'Connor — who is known for conducting the Walkerton Inquiry into tainted drinking water and the Maher Arar Inquiry into rendition and torture — to help him in the review of the fatal shooting of Yatim. Blair said the review would include a review of best practices and will examine the policies, procedures, training and equipment for TPS officers concerning use of force and dealing with emotionally disturbed persons.

On Wednesday evening, Blair sent out a statement outlining how O'Connor works with BLG, which represents the insurers of the Toronto Police Service in civil suits.

"Mr. O'Connor and I are satisfied that his association with BLG will not, in any way, impair his ability to give me sound advice on the matters I have asked him to review," said Blair.

"Mr. O'Connor's experience as a lawyer, judge and public inquiry commissioner make him ideally suited to assist me in this very important matter." JESSICA SMITH/METRO

Sugar Beach. By land or by sea, watch films for free

Movie goers enjoying last year's Sail-In Cinema. CONTRIBUTED

The Toronto Port Authority's Sail-In Cinema is back for a third year, with movies running Thursday through Saturday night. The outdoor movie viewing event at Sugar Beach (Dockside Drive & Jarvis Street) can be viewed on land at the beach or from an anchored boat in the water, thanks to a two-sided 40 by 20 foot screen on a floating off-shore barge.

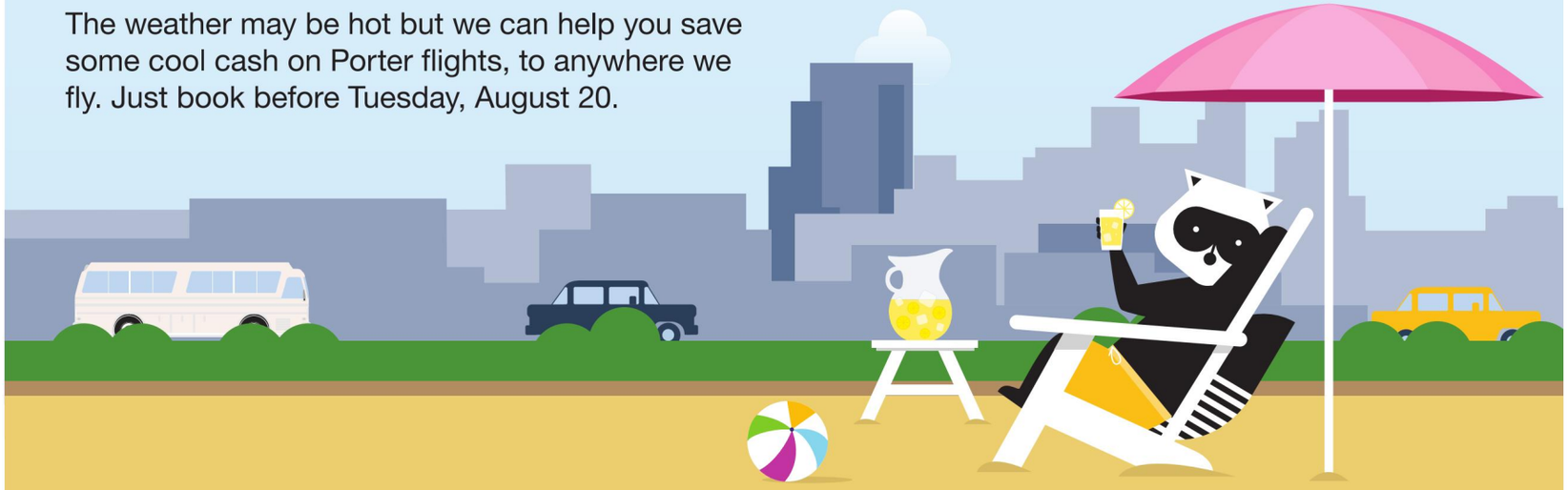
The event is free with seating available on a first-come basis and the movies were voted on by the public.

Doors open at 6 p.m. and movies start at sundown. For details, visit sailincinema.com. METRO

porter
flying refined

Saving on Porter doesn't get any cooler than this.

The weather may be hot but we can help you save some cool cash on Porter flights, to anywhere we fly. Just book before Tuesday, August 20.



Flights from Toronto: Book by August 20, 2013. Travel by December 15, 2013. Up to 21-day advance purchase may be required. One-way fares include all taxes, surcharges and mandatory fees. Additional charges may apply for checked baggage and other optional services.* Fares starting from:

HALIFAX	MONCTON	MONT TREMBLANT	MONTRÉAL	OTTAWA	QUÉBEC CITY	SAULT STE. MARIE	ST. JOHN'S	SUDBURY
7 x daily	2 x daily	2 x weekly	17 x daily	17 x daily	3 x daily	4 x daily	3 x daily	4 x daily
$186	$141	$146	$124	$117	$124	$113	$237	$106

THUNDER BAY	TIMMINS	WINDSOR	BOSTON	CHICAGO	MYRTLE BEACH	NEW YORK	WASHINGTON
5 x daily	4 x daily	4 x daily	5 x daily	7 x daily	Service begins Oct. 3	13 x daily	Dulles 3 x daily
$146	$124	$106	$173	$173	$206	$155	$163

Book online or contact your travel agent.

flyporter.com

porter Escapes

Limited availability. Vacation packages from Toronto. Package prices are per person, based on double occupancy and include round-trip airfare, all taxes, surcharges and mandatory fees. For full package listings and availability, please visit our website.**

★★★+ **$490** **NEW YORK**
Yotel
Premium Cabin
Dept. September 1, 2
Nights: 2
Fly to and from Newark Liberty.

★★★+ **$524** **BOSTON**
Boston Park Plaza
Standard Room
Dept. September 4, 5
Nights: 2

★★★★ **$405** **MONTRÉAL**
Le Centre Sheraton
Traditional Room
Dept. August 27, 28, 29, 30
Nights: 2

★★★★ **$636** **MONT TREMBLANT**
Fairmont Tremblant
Fairmont Room
Dept. September 13
Nights: 2
Includes transfers to and from hotel and airport.

Book packages online, contact your travel agent or call 1-855-372-1100. TTY – Dial "711".

porterescapes.com

* Book by 11:59 pm Eastern Time August 20, 2013. Travel by December 15, 2013. Up to 21-day advance purchase may be required. Advertised fares are subject to availability and may not be available through the entire travel period. Full fare breakdown available for all itineraries on flyporter.com. Fares quoted are one-way outbound in Firm Class. Inbound fares may differ. New bookings only. Fares include all applicable government-imposed taxes and mandatory fees, which may amount to as much as $150 one-way per passenger, depending on routing. Foreign taxes will fluctuate based on the prevailing exchange rate. Fees for optional services, such as itinerary changes, additional baggage, advance seat selection, or certain special service requests, may increase overall cost. Fares are non-refundable but itineraries may be changed for a fee of up to $200 per person per direction, plus any fare differential. Other significant conditions (including a $25 first-checked bag and $35 second-checked bag fee to and from the U.S., a $20 second-checked bag fee for flights in Canada, and charges for overweight and/or excess baggage) may change without notice and are not guaranteed until ticketed. Visit flyporter.com for more information. In case of any discrepancy between advertised fares and the fares shown on the website at the time of booking, the latter shall prevail.

** All-in prices shown are per person in Canadian dollars, based on double occupancy in noted room category. Flights are round-trip via Porter Airlines. Packages include return airfare, all taxes, surcharges and mandatory fees. Airfare discount is already included in the advertised package price. Prices will vary for alternate flight times on advertised dates. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Transfers to and from airport to hotel are not included unless specified otherwise. New bookings only. Packages are subject to availability at time of booking and are subject to change without notice. Not valid on group bookings. For full terms and conditions refer to www.porterescapes.com. Ontario registration Number 84153 4506. Porter Escapes Inc is a TICO licensed company. TICO # 50019770. Billy Bishop Toronto City Airport, Toronto, ON, Canada M5V 1A1.

tico.ca
Travel Industry Council of Ontario

A supporter of ousted Islamist president Mohammed Morsi shoots a gun toward police during a sit-in in Cairo on Wednesday. MANU BRABO/THE ASSOCIATED PRESS

‘God have mercy’: Hundreds die on Egypt’s bloodiest day

State of emergency. Running street battles sweep the country as supporters of ousted president battle security forces

The world looked on in shock Wednesday as searing violence engulfed Egypt.

Running street battles broke out in Cairo and other cities as a state of emergency was declared.

The white heat of anger flared when riot police backed by armoured vehicles, bulldozers and helicopters swept away two encampments of supporters of ousted president Mohammed Morsi.

And the death toll rose inexorably: At least 278 people were killed nationwide.

Canada called for calm while Egyptian-Canadians watched in horror from a distance.

Foreign Affairs Minister John Baird expressed deep concern.

Canada supports “a transparent democratic system that respects the voices of its citizens,” Baird said.

All day Wednesday, pictures and video images of the violence could be seen on the Facebook site Egyptian Canadians For Democracy.

One video posted on the page showed footage of body bags lined up on a sidewalk.

Another post read “God have mercy on Egypt.”

It was the deadliest day in Egypt since the 2011 revolution against Hosni Mubarak.

Meanwhile, Vice-President Mohamed ElBaradei, a Nobel Peace Prize laureate, resigned in protest over the violence.

He said he was not prepared to be held responsible for “a single drop of blood.”

THE ASSOCIATED PRESS

A woman holding a stick encounters a member of the security forces. IMAD ABDUL RAHMAN/THE ASSOCIATED PRESS

Deadly work

A cameraman for British broadcaster Sky News and a Dubai-based newspaper reporter were killed during the violence in Egypt.

- **The cameraman.** Sky said Mick Deane, 61, was shot and wounded while covering the violent breakup of protest camps in Cairo. He was treated for his injuries but died soon after.
- **The tribute.** Sky’s news chief John Ryley said Deane was “the very best of cameramen, a brilliant journalist and an inspiring mentor to many.”
- **The reporter.** The Dubai journalist was Habiba Ahmed Abd Elaziz, 26, who was shot in a Cairo melee. “She was passionate about her work,” Gulf News deputy editor Mazhar Farooqui said.

A shocked world

The world reacted in shock as the death toll in Egypt mounted relentlessly.

- **In Canada.** NDP foreign affairs critic Paul Dewar told an Ottawa news conference that the Harper government and others around the world should insist that Egypt tell its military to stop the crackdown.
- **In America.** Secretary of State John Kerry gave a stern warning to Egypt’s leaders, urging them to calm the situation. “This is a pivotal moment for all Egyptians,” Kerry said. “The path toward violence leads only to greater instability, economic disaster and suffering.”

Roots
40th Anniversary Celebration
40% off
All Sweats
TODAY ONLY
Roots, Roots 73, and roots.com

Grade 1. Victoria teacher gets suspended for 'politicizing' classroom

An elementary teacher in Victoria has received a five-day suspension for encouraging her students to write letters to the former education minister during last year's contract dispute.

Documents posted online by the Teacher Regulations Branch outline how Andrea Jane Skinner, a Grade 1 teacher at École Marigold School in Victoria, organized the letter-writing campaign as part of an anti-bullying lesson.

At the time, B.C. teachers were on the verge of striking over back-to-work legislation, which imposed a six-month cool-off period before sending them to arbitration.

"On Feb. 28, 2012, in an attempt to simulate an overcrowded classroom, Skinner invited the students to sit in close proximity to each other on a reduced number of carpet squares and stated that one of the aspects of the changes brought in by Minister of Education George Abbott through Bill 22 might be overcrowding in classrooms," the consent resolution agreement states.

Skinner then discussed writing a letter to Abbott and provided a template for students which read: "I go to École Marigold … I hope that you will talk to teachers and solve the problem like we do. We need to stop bullying! Please stop Bill 22!"

Twelve of Skinner's 14 students wrote letters, which were sent to the minister, and a local newspaper.

Abbot told the media he was "appalled to see a Grade 1 class politicized in this way."

Skinner later acknowledged that she had made an error in judgment.

According to the Regulations Branch, she was suspended for five days without pay and made to write letters of apology to the parents of the children, Abbott and the district superintendent.

THE CANADIAN PRESS

George Abbott said he was "appalled to see a Grade 1 class politicized" after a 2012 incident when he was the B.C. minister of education. THE CANADIAN PRESS FILE

Residents safe despite toll on environment: Province

Lac-Mégantic. Environmental surveillance shows air, water quality returning to normal

This photo from last month shows wrecked oil tankers and debris from a runaway train that derailed and exploded in Lac-Mégantic, Quebec. The provincial government says there is no sign yet of grave danger to human health after the rail accident. SURETE DU QUEBEC/AGENCE FRANCE-PRESSE/GETTY IMAGES

The Quebec government says the quality of the air and water are returning to normal levels and there is no sign yet of grave danger to human health after the deadly rail accident last month that saw crude oil seep into the ground, spill into the river and burn in the air.

The limited release of information from the provincial environment ministry came one day after environmental groups released the results of a study showing a spike in carcinogenic chemicals and a concentration of arsenic in surface water around Lac-Mégantic that a laboratory examination showed was 28 times above Quebec's upper limit.

The environmental advocates accused Quebec's environment ministry of trying to hide the levels of contamination so as not to incite panic after the July 6 train derailment and explosion that killed 47 people and wiped out a swath of the historic downtown.

The provincial government, in reaction, released a few details of its environmental surveillance, which has been ongoing since the accident. It said that despite the 7.2 million litres of light crude oil that were spilled, the quality of the water, both in the lake and in the Chaudière River, are now "similar to their historic levels."

They also added there's no cause for worry about the drinking water or the long-term health of fish or animals.

There is, however, a risk that petroleum could break away from its resting spot with extreme agitation such as flooding or dramatic changes in water levels.

The contaminated soil may prove to be the biggest problem. There has been speculation that it could be years before the ground is fit for use.

TORSTAR NEWS SERVICE

Compensation demanded

CP Railway in Quebec gov't crosshairs

The Canadian Pacific Railway is now on the Quebec government's list of targets as it seeks to recover the cleanup costs from the Lac-Mégantic disaster. The big railway has been added to a legal notice issued by the province, which wants companies to pay for the water and soil cleanup.

CP was added to the list because, the government said, it was the main contractor responsible for the oil shipment from North Dakota to New Brunswick.

That railway then arranged to use a line belonging to a smaller company, which has since filed for bankruptcy protection. "Our duty is to do everything we can to ensure that the companies responsible for this accident might shoulder the costs," Environment Minister Yves-Francois Blanchet said in a statement Wednesday.

THE CANADIAN PRESS

RBC Royal Bank

Newcomers, building credit history is easy with Canada's largest bank*

No annual fee

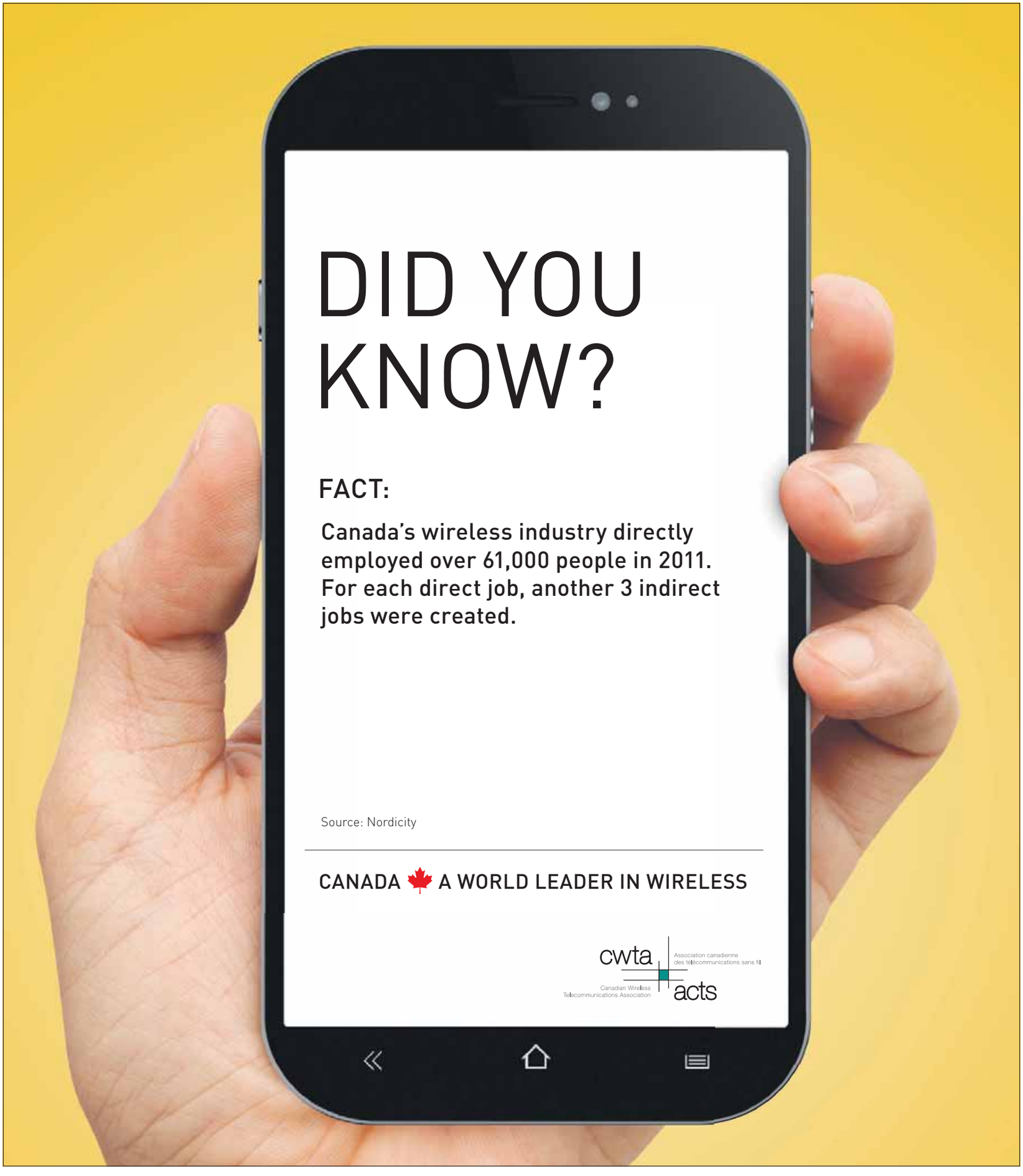
RBC® makes it easy for newcomers to settle in faster with:

- A credit card, no credit history required[1]
- No monthly fee on banking for 6 months[2]
- Service in your language — 200 languages

Visit an RBC branch, rbc.com/metro or call us at 1-866-881-4757

Advice you can bank on™

* As measured by assets and capitalization. [1] Provided you meet all of Royal Bank of Canada's eligibility and credit criteria, you may be eligible for an unsecured RBC Royal Bank® credit card even if you have no Canadian credit history. If you don't qualify for an unsecured RBC Royal Bank credit card, you may still be eligible for a credit card provided you give us a security deposit and meet Royal Bank of Canada's eligibility criteria. For secured credit cards, a credit history may be required. [2] Monthly fee will be waived for the first 6 months upon account opening. Monthly fee is $14.95. Other account transaction fees may apply. Applies to RBC Signature No Limit Banking® account only. Available only to newcomers to Canada who have arrived in Canada within the last year and who show proof of permanent resident status. Also available to newcomers to Canada that have arrived between 1 – 3 years when clients switch their account from another financial institution using CustomSwitch®. Other conditions apply. See branch for details. This offer may be withdrawn at any time and is subject to change without notice. ® / ™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. [4] All other trademarks are the property of their respective owner(s). 102332 (03/2013)


DID YOU KNOW?
FACT:
Canada's wireless industry directly employed over 61,000 people in 2011. For each direct job, another 3 indirect jobs were created.
Source: Nordicity
CANADA A WORLD LEADER IN WIRELESS
cwta
Canadian Wireless Telecommunications Association
Association canadienne des télécommunications sans fil
acts

Six cuffed in courtroom ruckus

Wolf Chrapko, one of those arrested during the week-long sit-in at Westover in June, delivers a speech in front of the courthouse in Hamilton on Wednesday, as part of an ongoing anti-pipeline demonstration over Enbridge's plan to reverse the flow of a pipeline on a stretch from Sarnia to Montreal. TORSTAR NEWS SERVICE

Enbridge pipeline sit-in. 13 protesters were to appear in Hamilton court to face trespassing charges over June incident

At least six people ended up in handcuffs Wednesday following a disturbance in a Hamilton courthouse as 13 people charged after a blockade in June were to appear on trespassing counts.

Spectators were warned by the judge for clapping and making noise in the courtroom and the disturbance erupted after the judge asked a woman to leave and she was escorted from the room.

There were physical altercations involving police at the exit to the courtroom that resulted in several people being handcuffed and one of them dragged away by officers.

"We tried to show solidarity," said Meghan Lankin, 23, one of the 13 due to face charges but whose case wasn't heard due to the disruption. "I think the police escalated things rather quickly."

Officers on the scene said they cleared the courtroom because of the disturbance but haven't said if any charges have been laid.

In June, police arrested 18 protesters when they refused to leave an Enbridge pumping station after the oil company obtained a court injunction.

In addition to the 13 — aged between 19 and 25 years old — charged with trespassing, four protesters were charged with mischief and one with breaking-and-entering with intent to commit mischief.

Enbridge spokesman Graham White said the concern over a breach is unwarranted, as the oil in Line 9 is a processed grade of crude.

However, the Green party says Enbridge is proposing to ship raw oilsands bitumen — called dilbit — mixed with undisclosed chemicals through a 38-year-old pipeline not designed to handle such corrosive material.

"U.S. studies show that pipelines shipping dilbit are more likely to spill because it is much more corrosive than light crude," the party said Wednesday in a release.

Earlier Wednesday, a group of about 50 protesters marched through downtown Hamilton to the courthouse.

THE CANADIAN PRESS

Blockade

- The protesters were opposing Enbridge's plan to reverse the flow of oil in a stretch of pipeline from Sarnia, Ont., to Montreal fearing the move could lead to a possible breach.
- The blockade took place at the Line 9 pumping station in North Westover, about 30 kilometres northwest of Hamilton.

Toronto, Hamilton leading real estate recovery

Canadian home resale prices increased in July, boosted by strong gains in Hamilton and Toronto. According to the Teranet-National Bank Composite House Price Index, which is a weighted index of 11 cities across Canada, prices increased 1.9 per cent last month from a year earlier.

Toronto saw gains of 3.4 per cent, while Hamilton was up 6.7 per cent.

"Hamilton is an up market by any respect," said National Bank senior economist Marc Pinsonneault.

On a monthly basis, the Teranet-National Bank House Price Index rose only 0.7 per cent in July, weaker than the average increase of one per cent seen over the last 12 years.

On a nationwide basis, home prices have only increased by 1.9 per cent, in part because of a price correction that began in September 2012 and only ended a few months ago, Pinsonneault said.

Pinsonneault anticipates sales are likely to cool in the latter of the half of the year because Canadian banks began to raise interest rates on new mortgages in June, which will have an effect on affordability.

"It will be the worst since the start of the last recession," he said.

The federal government also instituted new mortgage rules, which went into effect last July, making it tougher for home buyers, but affordability questions were mitigated by low interest rates.

Buyers holding pre-approved mortgages will able to take advantage of better mortgage rates, so the impact on home sales figures may not be felt until later in the year. TORSTAR NEWS SERVICE

Quoted

"The only weakness we see in Toronto is there are many unsold new condos, including those on presale and under construction. That's the only part of the Toronto market that you can say is weak."

National Bank senior economist Marc Pinsonneault

A home for sale in the Pleasantville area of the Beach in this file photo. A new report says Toronto home prices saw gains of 3.4 per cent, while Hamilton was up 6.7 per cent. DAVID COOPER/TORSTAR NEWS SERVICE

PIZZA NOVA
CELEBRATING 50 YEARS
medium pepperoni
walk-in only
upsize to a large for 2.00
7.99
gta 416 439-0000
ORDER ONLINE PIZZANOVA.COM
Limited time offer. Taxes extra. Premium Toppings extra. Not valid with any other combination or special. Valid at participating stores only. Delivery charge applies. $1.00 surcharge for debit on delivery.

A Rastafarian plays his drum during a week-long conference and general assembly at the University of the West Indies in Kingston, Jamaica, Tuesday. DAVID MCFADDEN/THE ASSOCIATED PRESS

Rastafarians aim to right a wrong

Jamaica. Followers seeking compensation for lingering legacy of Atlantic slave trade

Dozens of Rastafarians gathered in Jamaica on Wednesday to brainstorm ways of pressuring European countries to pay reparations for slavery and talk about other core beliefs of the homegrown faith.

Followers assembled in lecture halls amid a week-long conference at the University of the West Indies campus in Jamaica, the tropical island where reggae icons like Bob Marley and Burning Spear brought Rastafari's message to the world in the 1970s.

Rastafarians have long called for slavery reparations, a key tenet of their faith along with repatriation to Africa. A melding of Old Testament teachings and Pan-Africanism, it emerged in colonial-era Jamaica in the 1930s out of anger over the oppression of blacks and evolved into a spiritual movement.

Members have petitioned Queen Elizabeth II for compensation over the years. But the claims were rejected, and the monarchy said the British government could not be held accountable for wrongs in past centuries since slavery wasn't a crime when it was condoned.

THE ASSOCIATED PRESS

By the numbers

$110B

About a decade ago, a coalition of Rastafarian groups estimated European countries formerly involved in the slave trade, especially Britain, needed to pay 72.5 billion British pounds ($110 billion US) to resettle 500,000 Rastafarians in Africa.

Middle East

Palestinians, Israel renew talks

With tensions high and expectations low, Israeli and Palestinian negotiators kicked off their first substantive round of peace talks in nearly five years, huddling together at an undisclosed location Wednesday in search of an end to decades of conflict.

The meeting was cloaked in secrecy, an attempt by both sides to prevent leaks to the media and maintain trust. Officials would say only that the talks took place in Jerusalem, and there was no immediate comment from either side.

THE ASSOCIATED PRESS

Mexico. Drug cartel and farmers slam federal cops

A group of farmers and businessmen from the western Mexico state of Michoacan demanded Wednesday that the government stop sending thousands of federal police to fight a local drug cartel.

While the group denied any links to the Knights Templar cartel, its news conference in Mexico City coincided with a rare public-relations push by the gang, whose leader raged against federal police in a videotaped statement posted over the weekend on social media.

Both the cartel and the group, which calls itself Peace with Dignity for Michoacan, also railed against "self-defence" groups set up by residents in several Michoacan towns to resist Knights Templar gunmen.

The self-defence groups say the cartel's gunmen subjected residents to systematic extortion demands for "protection payments."

But Peace with Dignity said such payments were levied only on part of the population, such as big avocado plantations, and were helpful in some cases, or at least a necessary evil.

"We avocado farmers were getting robbed a lot" by thieves sneaking into orchards, farmer Nicolas Aguilar said. "We were told there was a payment being collected to help with security, and since then we haven't had any more problems with theft."

THE ASSOCIATED PRESS

zoocasa™

Simply a much, much, much, better way to find a real estate agent.

With Zoocasa – you can search, compare and connect with the most qualified real estate agents from the top brands in the GTA and save thousands!

Why?

Because Zoocasa is a better real estate brokerage

Better than having our own agents, we've partnered with over 150 of the most qualified agents in the GTA from Re/Max, Century 21, Coldwell Banker and leading independents brokerages. Browse our all-star directory of partner agents, review their expertise and local knowledge and find the right agent for you or we can recommend one. Either way, we are with you every step of the way and when you buy or sell you'll receive a rebate worth thousands of dollars.

1-888-123-4567
zoocasa.com

by ROGERS™

Zoocasa is a Rogers Communications company and a licensed real estate brokerage.

David Hilder
HAMPSHIRE POLICE/THE ASSOCIATED PRESS

Cat DNA sends U.K. killer to jail

Database. Feline hair found on victim traced to neighbour's cat

A British university said Wednesday its DNA database of British felines helped convict a man of manslaughter.

The Veterinary Genetics Laboratory at the University of California, Davis, has used animal DNA to catch criminals for more than a decade. Investigators in Britain tapped the lab to identify the cat hair discovered around the dismembered torso of David Guy, 30, who was found hidden in a trash bag on a British beach in July 2012. Detectives matched the hair to a cat belonging to the man's friend David Hilder, but because the genetic material was mitochondrial DNA — which can be shared among a large number of animals — the strength of the match couldn't be known.

Quoted

"The 10 million cats in the U.K. are unwittingly tagging the clothes and furnishings in more than a quarter of households." Jon Wetton, University of Leicester.

Jon Wetton from the University of Leicester was asked to create a repository of cat DNA for the Hilder case, gathering samples of mitochondrial DNA from 152 felines across England. "Only three of the samples obtained matched the hairs from the crime scene," Wetton said.

However, a host of additional evidence — including traces of Guy's blood discovered at Hilder's residence in southern England — was enough to secure the 47-year-old's conviction. THE ASSOCIATED PRESS

Watch your savings take off.

Now, for a limited time, you can earn 1.5%* on new deposits with a CIBC eAdvantage™ Savings Account when your account balance is $5,000 or more. Plus, you'll always enjoy full access to your savings. So sign up today and take advantage of this great offer.

Talk to us today. At the branch | cibc.com/savings | 1 877 434-1909

CIBC FOR WHAT MATTERS.

*This is a combined bonus and regular annual interest rate paid on new deposits made to your CIBC eAdvantage™ Savings Account ("eSA") when the eSA account balance is $5,000 or more. The bonus and/or regular rates may change at any time without prior notice. Ask a CIBC advisor for current rates. The regular interest rate is calculated on the full daily closing balance when the balance is $5,000 or more. In addition, on days when the closing balance exceeds the closing balance recorded on July 2, 2013 (the difference between the two balances is a "new deposit"), the new deposit earns a bonus interest rate for that day. If your eSA balance is less than $5,000 you will not earn regular interest; you will earn bonus interest. This bonus interest rate offer is for a limited time. Interest is calculated daily on each day's final balance and paid monthly. Other conditions apply. CIBC eAdvantage™ and "CIBC For what matters." are trademarks of CIBC.

Police use Twitter, too.

Mr. Lube dude's tweet for weed quickly goes to pot

Canadian Twitter user Sunith Baheerathan's tweet requesting prospective marijuana sellers to bring some of their wares to a Mr. Lube location in a Toronto suburb has turned into a job hunt.

That location was Baheerathan's place of employment until Tuesday, according to both the company and Baheerathan's own tweets.

"Any dealers in Vaughan wanna make a 20sac chop? Come to Keele/Langstaff Mr. Lube, need a spliff," Baheerathan wrote.

The tweet went viral when it caught the eye of local police. "Awesome! Can we come too?" read a retort from the York Regional Police's official Twitter feed.

Moments later the Twitter exchange was a trending topic in Toronto. Shortly after that, Baheerathan found himself looking for work.

"Just got the call of termination," he tweeted.

"I've lost complete hope in society man. There's killers/rapists/people missing and all they care about is a dude asking for weed," he wrote in another tweet.

"Gotta watch what you tweet nowadays, even the freedom of speech & the right to an entitled opinion isn't safe," read another. THE CANADIAN PRESS

A marijuana plant flourishes under grow lights at a warehouse in Denver, Colo. THE CANADIAN PRESS FILE/THE ASSOCIATED PRESS FILE

Toilet-cleaner IEDs

Beauty queen has a blast but forced to give up crown

A U.S. beauty pageant winner charged with tossing homemade bombs from a vehicle has relinquished her crown.

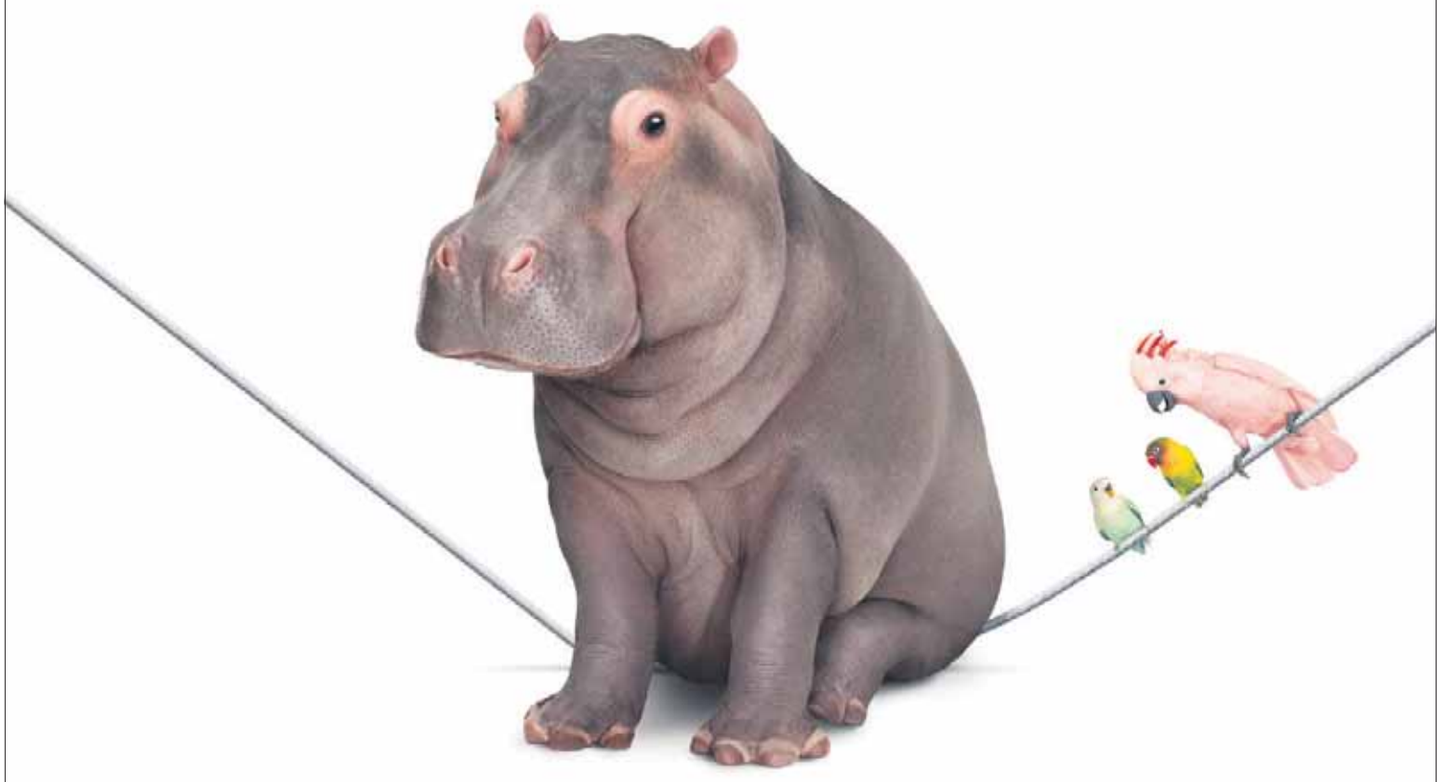
Kendra McKenzie Gill says she and her friends feel terrible about the incident, but she insists they were just playing a practical joke and never threw the explosives at people.

Gill and three friends were charged last week with four felony counts of possession of an explosive device. Prosecutors say the 18-year-olds drove around town Aug. 2 and tossed plastic bottles of toilet-bowl cleaner and shrapnel at people and property.

Nobody was injured.

Gill had been Miss Riverton, Utah. THE ASSOCIATED PRESS

Heavyweight plan.
Featherweight commitment.



Samsung GALAXY S4™

Introducing TELUS SharePlus Plans,
now on 2 year terms.

- Unlimited nationwide talk & text*
- Add an extra line from $35/mo.
- Share your data†

Get it all on Canada's most reliable 4G network.‡

Learn more at
telus.com/shareplus

TELUS
the future is friendly®

TELUS STORES & AUTHORIZED DEALERS

Ajax
RioCan Durham
Aurora
Aurora Gateway Centre
Brampton
Bramalea City Centre
233 Queen St East
52 Queen St East
Burlington
Burlington Mall
Mapleview Mall
920 Brant St
2000 Appleby Line
Concord
160 Cidermill Ave
200 Edgeley Blvd
Downsview
5050 Dufferin St
Etobicoke
Sherway Gardens
980 Albion Rd
1500 Royal York Rd
1750 The Queensway
Georgetown
Georgetown Marketplace
Maple
10019 Keele St
Markham
Markville Shopping Centre
Pacific Mall
95 Royal Crest Court
Milton
Milton Crossroads
9075 Derry Rd
Mississauga
Erin Mills Town Centre
Heartland Town Centre
Square One
110 Matheson Blvd
2585 Skymark Ave
3024 Hurontario St West
HWY #401/Winston Churchill Rd
Newmarket
Upper Canada Mall
1100 Gorham St
North York
2899 Steeles Ave West
The Queensway
Oakville
Oakville Place
481 North Service Rd West
760 Pacific Rd
2150 Winston Park Dr
2501 3 Line
Oshawa
Oshawa Centre
Taunton/Harmony Plaza
Pickering
Pickering Town Centre
Richmond Hill
Hillcrest Mall
11005 Yonge St
Scarborough
Scarborough Town Centre
Warden/Eglinton Power Centre
1184 Kennedy Rd
2281 Kingston Rd
Stouffville
Stouffville Walmart Centre
Thornhill
Promenade
7040 Yonge St
7378 Yonge St
Toronto
Bayview Village Shopping Centre
Beaches
Bloor West Village
Dufferin Mall
Fairview Mall
Gerrard Square
Shops at Don Mills
Stock Exchange Building
Toronto Eaton Centre
Woodbine Centre
Yonge & Eglinton
Yorkdale
25 York St
67 Mowat Ave
361 Queen St West
455 Danforth Ave
500 Yonge St
720 King St West
727 Bloor St West
865 York Mills Rd
1061 St. Clair Ave West
2700 Dufferin St
Vaughan
Vaughan Mills
81 Zenway Blvd

For more details, visit your TELUS store, authorized dealer or retailer, or call 1-866-264-2966.

BEST BUY BLACKS CELLULAPOINT FUTURE SHOP THE MOBILE SHOP Walmart

*Premium and subscription messages are not included. Customers with devices not able to display picture or video messages will receive a text message that includes a web address for viewing. †Only one SharePlus subscriber on the account requires a data option. That data can be shared with up to four additional devices. The first device on each TELUS SharePlus Plan must be a Smartphone, Smartphone Lite or other mobile phone. Compatible phone required for BYOD option. ‡Based on testing of voice-call success rates, data-session completion rates and industry-standard call-quality measures against other national wireless service providers in metropolitan areas across Canada. TELUS, the TELUS logo and the future is friendly are trademarks of TELUS Corporation, used under licence. All other trademarks are the property of their respective owners. © 2013 TELUS.

WikiLeaks. Soldier sorry for biggest-ever U.S. leak

U.S. soldier Bradley Manning apologized Wednesday for hurting his country at his sentencing hearing in the WikiLeaks case, pleading with a military judge for a chance to become a productive citizen.

He addressed the court after testimony about his troubled childhood and the extreme psychological pressure that experts said he felt in the "hypermasculine" military because of his gender-identity disorder — his feeling he was a woman trapped in a man's body. One psychiatrist said Manning has symptoms of fetal alcohol syndrome and Asperger syndrome.

Manning's attorneys contend he showed clear signs of deteriorating mental health that should have precluded him from handling classified information in a war zone.

The soldier said that he understood what he was doing but did not believe that leaking the mountain of classified information would cause harm.

His tone was at odds with the statement he gave in February, when he condemned the U.S. military's "bloodlust."

The leaks included a video of a 2007 U.S. helicopter attack that killed civilians in Iraq, including a Reuters news photographer and his driver.

THE ASSOCIATED PRESS

Andrew MacDougall

Harper spokesman leaving with laugh

Prime Minister Stephen Harper's director of communications is stepping down to take a job in the U.K. with one of the world's largest communications firms, Publicis Groupe.

Andrew MacDougall's trademark humour was clearly intact in a letter circulated Wednesday within the Prime Minister's Office.

"To my team, thank you for letting me be your boss. On most days you made me look good, except when you screwed up and made yourselves look bad," he wrote.

THE CANADIAN PRESS

Tory rivals leap on audit to rebuke Senate, Harper

New Democrat MP Paul Dewar calls for an end to the Senate alongside fellow MP Nycole Turmel on Wednesday. SEAN KILPATRICK/THE CANADIAN PRESS

Pam Wallin freefallin'.

Travel expenses used to attack PM's judgment, Senate's right to exist

With the Senate expense scandal burning ever brighter, the Conservative government's rivals wasted little time Wednesday making political hay out of a scathing audit of Sen. Pamela Wallin's travel claims.

The New Democrats amplified their long-standing call to abolish the Senate, while the Liberals accused Prime Minister Stephen Harper of showing poor judgment when he vouched for Wallin's expense claims earlier this year.

"In terms of Sen. Wallin, I have looked at the numbers," Harper told the House of Commons in February. "Her travel costs are comparable to any parliamentarian travelling from that particular area of the country over that period of time."

The Prime Minister's Office says Harper was only talking about Wallin's overall travel costs, not her individual claims.

The Harper government has no choice but to abolish "this institution that was created before we had electricity," said the NDP's Paul Dewar, reprising a long-held New Democrat credo.

"It's not just about the claims and if they're legitimate. It's about, 'Is this body legitimate,' and we don't think it is," Dewar said.

THE CANADIAN PRESS

Quoted

"I think most people understand that this is an institution that needs to be sent packing, period."

New Democrat MP Paul Dewar, on the Senate

MEMBERS GET
THE SAMSUNG GALAXY SIII™ WITH SWEET BENEFITS.
Hook it up with our hot $65/mo. Gold plan with UNLIMITED Canada-Wide Calling, 1 GB of Data and more!
+ GET EXCLUSIVE MEMBER ACCESS & DEALS FROM OUR AWESOME PARTNERS
ALDO CINEPLEX H&M
virginmobile.ca/galaxy
Order online at virginmobile.ca, call 1.855.BE.VM.VIP or stop by to say hi.
Virgin mobile MOBILE THE SOURCE FUTURE SHOP Walmart BEST BUY BEST BUY mobile WIRELESSWAVE booth.wireless WIRELESS etc... Costco WHOLESALE THE MOBILE SHOP Exclusively where President's Choice® products are sold.

Doctors Without Borders forced to abandon Somalia over attacks

Killing and abduction. Militants and cohorts have 'sealed the fate of countless lives': Group

Doctors Without Borders says it provided over 624,000 medical consultations, admitted 41,000 patients to hospitals and cared for over 30,000 malnourished children in Somalia last year alone. FARAH ABDI WARSAMEH/THE ASSOCIATED PRESS FILE

Doctors Without Borders announced Wednesday that they are pulling out from Somalia after 22 years, saying that armed groups are killing and abducting aid workers.

In a scathing indictment of Somalia's leadership, the aid group accused civilian leaders of condoning or even supporting the attacks.

The pullout goes against the narrative of a Somalia emerging from decades of anarchy and violence amid military gains against Islamist insurgents.

Some two dozen local journalists have been killed since the start of 2012. In June, a truck bomb and gunfire attack on the main UN compound in Mogadishu killed eight UN employees and five Somali civilians.

Doctors Without Borders, the winner of the 1999 Nobel Peace Prize and known by its French initials as MSF, said the pullout will cut off hundreds of thousands of civilians from humanitarian aid. For example, in Mogadishu, MSF runs the only pediatric intensive-care unit, while in Jowhar, women will have nowhere to go for emergency Caesarean sections.

The decision comes after the release from prison of a Somali man convicted of killing two MSF staff. In December 2011, a Somali employee of MSF who learned his contract would not be renewed shot and killed a Belgian and an Indonesian worker at an MSF compound. Though the shooter was convicted and sentenced to 30 years, authorities released him after only three months, MSF said.

Since 1991, dozens of attacks resulted in the deaths of 16 Doctors Without Borders staff in Somalia. Two MSF employees who were kidnapped in a Kenyan refugee camp near the border and held in Somalia for almost two years were released last month.

THE ASSOCIATED PRESS

Official statement

A message of outrage and sorrow

In a blunt statement, MSF denounced "extreme attacks on its staff in an environment where armed groups and civilian leaders increasingly support, tolerate or condone the killing, assaulting and abducting of humanitarian aid workers."

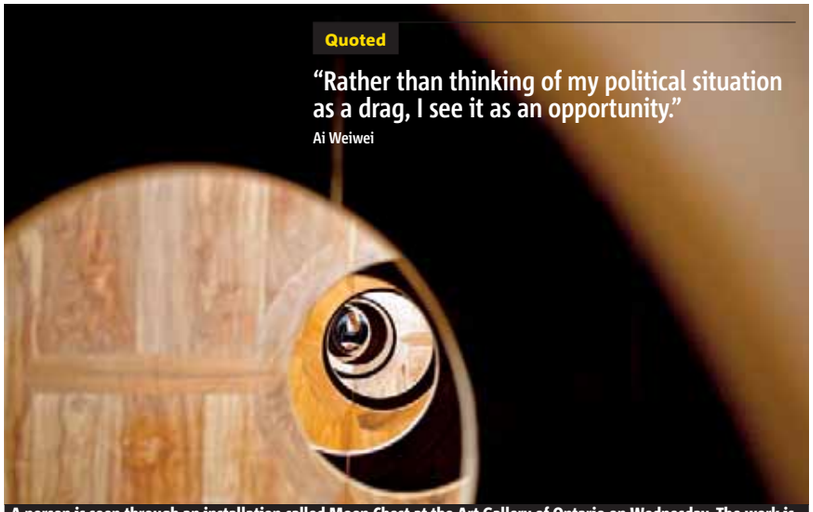
"In choosing to kill, attack and abduct humanitarian aid workers, these armed groups, and the civilian authorities who tolerate their actions, have sealed the fate of countless lives," said Dr. Unni Karunakara, MSF's international president.

Samsung GALAXY S III™
$99.99
$65/mo. GETS YOU:
• UNLIMITED Canada-Wide Calling
• UNLIMITED Text & Picture Messaging to Canada & US
• UNLIMITED International Text Messaging
• Voicemail & Call Display
• 1 GB of Data
Virgin mobile
IT'S BETTER TO BE A MEMBER

Limited time offer. Phones and some colours may not be available at all retailers. Samsung Galaxy S III pricing is available with a Gold plan with a 2 year agreement. Prices are subject to change without notice. Monthly 911 fees apply in NB (53¢), NS (43¢), PEI (70¢), SK (62¢) and QC (40¢). If you end your services early, a fee will apply; see your Service Agreement for details. Unlimited text messaging is valid only when message is sent from Canada and excludes premium texts. Additional data is $10/1 GB. Offers and Member Benefits subject to change/cancellation at any time without notice. Taxes extra. Other restrictions apply; see virginmobile.ca for details. Screen image simulated. Certain other product names, brand names and company names may be trademarks of their respective owners. © 2013 Samsung Electronics Canada, Inc. All rights reserved. Samsung and Samsung Galaxy S III are trademarks of Samsung Electronics Canada, Inc., and/or its related entities, used with permission. The VIRGIN trademark and family of associated marks are owned by Virgin Enterprises Limited and used under license. All other trademarks are trademarks of Virgin Mobile Canada or trademarks and property of the respective owners. © 2013 Virgin Mobile.

Ai Weiwei sees art as source of power

AGO exhibit. A survey of the famous Chinese dissident's work puts art and politics on two sides of the same coin



Quoted

"Rather than thinking of my political situation as a drag, I see it as an opportunity."

Ai Weiwei

A person is seen through an installation called Moon Chest at the Art Gallery of Ontario on Wednesday. The work is part of artist Ai Weiwei's exhibit, Ai Weiwei: According to What, which opens to the public Aug. 17.

GALIT RODAN/THE CANADIAN PRESS

He's been named the most powerful artist in the world by ArtReview magazine — but when a retrospective of his work opens at Toronto's Art Gallery of Ontario (AGO) on Saturday, Ai Weiwei will not be allowed to attend.

Ai, the multimedia artist who has become a cause célèbre for his dissidence against the Chinese government through both his art and social media, is a political prisoner, stripped of his passport after being jailed in 2011 for tax evasion, despite his supporters' claims that it was punishment for his activism. But for the 55-year-old pariah, the government's restrictions do little to limit what he sees as his true power.

"Power to an artist is an encouragement and an acceptance for art to address areas and concerns that are usually considered different according to mainstream aesthetics or social norms," wrote Ai in an e-mail.

"Rather than thinking of my political situation as a drag, I see it as an opportunity for me to think about these constraints, to act in response, and relate these actions to profound meanings. The most important of which is the message of freedom."

The exhibit is a showcase of Ai's sheer range and demonstrates the complex dichotomy of his wry sensibilities and activist passions.

It runs at the AGO from Saturday until Oct. 27.

THE CANADIAN PRESS

Childhood

Political past for the artist

Ai Weiwei, who is 56, was always political. As a child, he remembers his father, Ai Qing, a renowned poet and academic, running afoul of the ruling regime and being forced to scrub toilets to make a meagre living to support his family. In the '80s, he decamped for the U.S., eventually landing in New York, where he had a major awakening to Western art, namely conceptualism and its roots in Marcel Duchamp.

TORSTAR NEWS SERVICE

Visa woes. War vet's next battle is with Canada's immigration officials

Deepak Sharma has fought for Canada in Afghanistan and Libya, but the air force veteran just cannot beat Canadian immigration officials.

The 33-year-old corporal, based in Trenton, has been unsuccessful in obtaining a visa for his parents in India to visit their two-and-a-half-year-old grandson, Akarsh, who suffers a rare genetic disorder.

Twice, in March and May, Sharma applied to invite his father, Ashok Kumar, and mother Renu, both in their late 50s, to visit Canada.

In rejecting the applications, the visa office in Chandigarh cited his parents' lack of travel history abroad, family ties in Canada and "purpose of visit" as reasons to believe they would not leave the country after their visit. A Citizenship and Immigration spokesperson said she couldn't discuss details, but said many reasons were behind the decision.

Sharma, a father of three who has served the Canadian military for 10 years, called the situation "depressing."

"I'm not trying to do anything illegal. I risk my life to go to the frontline so many times for Canada. In return, my son is sick and has no rights to be seen by his grandparents?"

Akarsh was diagnosed last December with Peroxisome, which causes developmental delay, retardation and potentially paralysis if his condition deteriorates.

Sharma, a tactical Hercules aircraft mechanic, said his parents in the Punjab province wanted to see the child after learning of his condition.

TORSTAR NEWS SERVICE

Deepak Sharma has been unsuccessful in obtaining a visa for his parents in India to visit their two-and-a-half-year-old grandson, Akarsh, who suffers a rare genetic disorder. CONTRIBUTED/TORSTAR NEWS SERVICE

RBC Royal Bank

MUCH MORE FOR

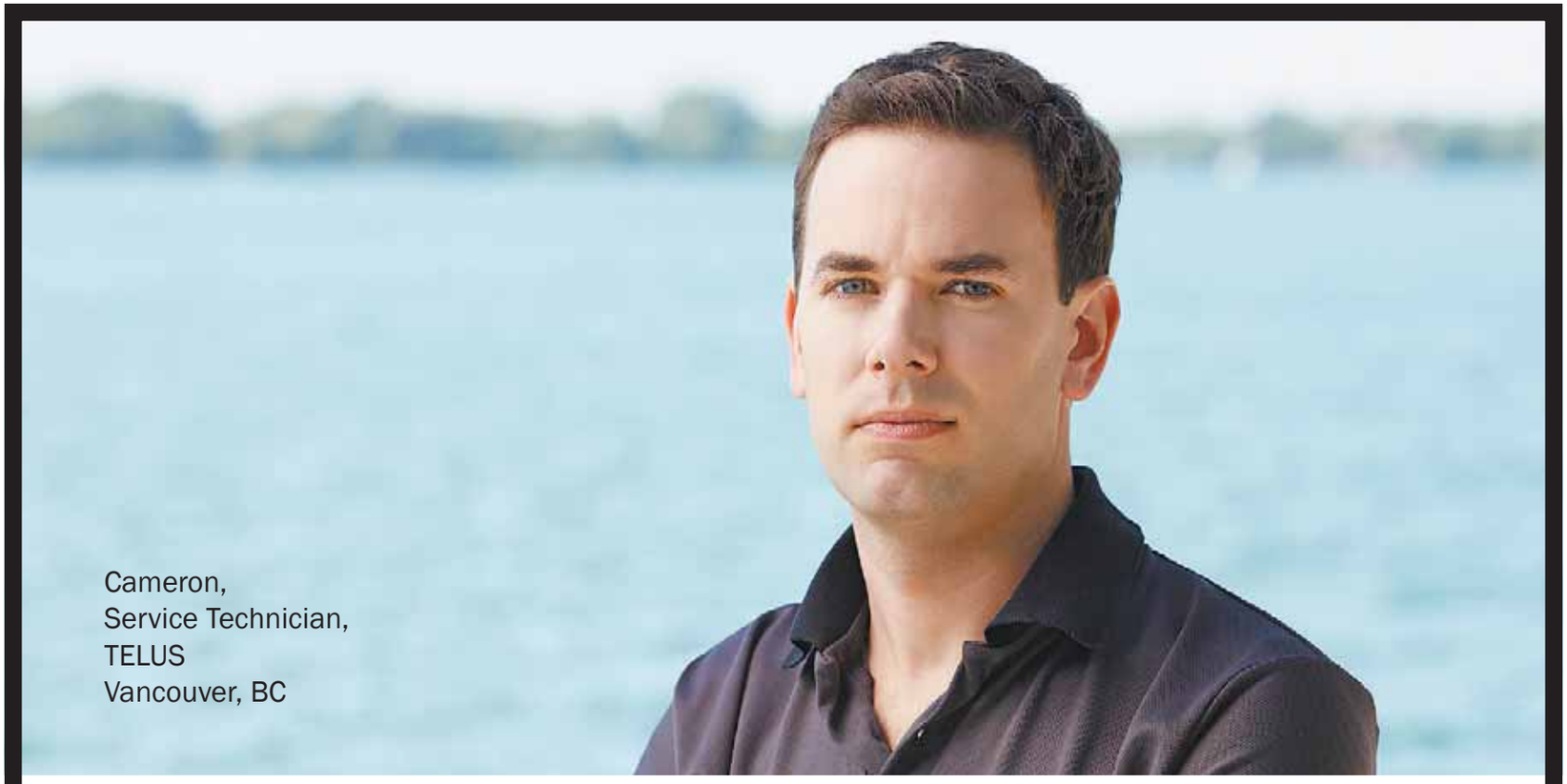
For $4 a month, RBC Day to Day Banking® gives you more for every dollar.

Get up to $100 in gift cards†.

VISIT AN RBC BRANCH AND SWITCH TODAY!
rbc.com/daytoday
1-866-335-2395

Advice you can bank on™

® / ™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. † To get $100 worth of gift cards/certificates, you will need a total of 12,000 RBC Rewards® points. To learn how, and for full offer details, go to rbc.com/termsandconditions.



Cameron,
Service Technician,
TELUS
Vancouver, BC

How does losing thousands of Canadian jobs in the cellphone industry help Canada? It doesn't.

When I found out that our government is getting a giant U.S. cellphone company to come to Canada, I thought, how's this going to affect jobs? Experts are saying most of their good jobs will stay south of the border. Most of their profits too. But it gets better. Better for them. Even though this company is four times as big as all of Canada's cellphone companies combined, they're effectively getting a huge discount to enter Canada. The U.S. giant gets to use the existing infrastructure it took Canadians over 25 years to build, and they didn't contribute a cent. So Canadian taxpayers will effectively be subsidizing the whole thing. Will there be thousands of jobs lost? Think about it.

The whole thing doesn't sound fair for Canadians. Ottawa should do something about the loopholes. Fast.

To find out more, go to FairForCanada.ca

This message is sponsored by your Canadian Wireless Companies:
Bell • Rogers • TELUS

Sweetheart deals for U.S. giants are a bad call for you.

Mumbai. Sailors aboard blast-hit Indian submarine feared dead, official says

All 18 sailors aboard an Indian submarine hit Wednesday by twin explosions and an intense fire are feared dead, a naval official said. The submarine had also been damaged in a deadly explosion in 2010 and had only recently returned to service.

The official, speaking on condition of anonymity because divers had yet to recover any bodies, said the navy believed there was no way anyone could have survived the intensity of the blasts and fire, which occurred when the diesel-powered submarine was docked at a Mumbai navy base.

Officials had earlier said that there had been no contact with the sailors since the explosions, which lit up the sky above the base. They said navy divers had opened one of its hatches but had not yet been able to enter the submarine because it was dark and full of muddy water.

"We hope for the best but we have to prepare for the worst," Admiral D.K. Joshi, the navy chief, told reporters earlier in Mumbai.

Huge fireball

- The explosions in the submarine's torpedo compartment sent a huge fireball into the air and sent nearby sailors jumping into the sea in panic.
- It is shaping up to be another embarrassment for India's military, which has been hit with a corruption scandal as it races to modernize its forces.

Because the submarine was docked, a unit of navy watchmen was on board when the blasts occurred and not the normal crew, Joshi said. At least some weaponry exploded in the near-simultaneous blasts, Joshi added.

A video of the explosions filmed by bystanders showed an enormous ball of red and yellow fire rising hundreds of feet into the air.

THE ASSOCIATED PRESS

Surveying the wreckage of a UPS flight

Investigators look through debris of a UPS A300 cargo plane after it crashed on approach at Birmingham-Shuttlesworth International Airport on Wednesday in Birmingham, Ala. The two pilots aboard the airplane were killed. HAL YEAGER/THE ASSOCIATED PRESS

Encrypted messages

Al-Qaida threat to embassies was discussed in online jihadi chat room

Al-Qaida fighters have been using secretive chat rooms and encrypted Internet message boards for planning and co-ordinating attacks — including the threatened if vague plot that U.S. officials say closed 19 diplomatic posts across Africa and the Middle East for more than a week.

It's highly unlikely that al-Qaida's top leader, Ayman al-Zawahri, or his chief lieutenant in Yemen, Nasser al-Wahishi, were personally part of the Internet chatter or, given the intense manhunt for both by U.S. spy agencies, that they ever go online or pick up the phone to discuss terror plots, experts say.

But the unspecified call to arms by the al-Qaida leaders, using a multi-layered subterfuge to pass messages, provoked a quick reaction by the U.S. to protect Americans.

THE ASSOCIATED PRESS

ADVERTISEMENT

Top Four Insurance Discounts Revealed

Discounts you might not be aware of and how to get them.

Discounts are the quickest and easiest way to reduce your insurance premiums, but you may be unsure sure which discounts are available and how to qualify for them. These top discounts can save you a lot of money and qualifying for them is easier than you'd think.

Multi-Policy Discount – This discount goes beyond having two cars on one policy. You may qualify for a discount on your car insurance and on your home insurance when you have both policies with the same insurance company. It is the easiest way to reduce your overall insurance bill; simply purchase multiple policies with the same company.

Longevity Discount – Most insurance companies offer discounts to customers who have kept a policy with them for a long period of time. Keep in mind that it doesn't hurt to shop around for quotes and compare – the savings that you could receive with another insurance company could outweigh the longevity discount.

Safety Features Discounts – Each insurance company has its own list of safety features that would qualify for a discount. Common features include installing winter tires or an approved anti-theft device. There are also standard safety features that new cars are equipped with – anti-lock brakes, front and side airbags as well as a passenger seat air bag that can turn off; making it safer for young passengers.

Good Driver Discount – It pays to keep a safe driving record. Some car insurance companies will offer a discount for keeping your driving record clean for a set number of years. In some cases, this discount may increase over time as you continue to maintain that record. The discount can be substantial in some cases.

Be sure to ask for these discounts when obtaining insurance. And remember, the very best way to keep your insurance premiums low is to shop around for better rates. Insurance quoting sites like InsuranceHotline.com can help by comparing your insurance rate against over 30 car insurance companies to find you a lower rate available for your driving profile.

Think you have a great insurance rate? Be sure.

The difference between thinking and knowing is a closer look, and that's what you get on InsuranceHotline.com. We give you an unbiased comparison of quotes from over 30 different premier insurance companies so you'll know if you got a good deal. And if you didn't, you'll know where to get a better one.

Visit InsuranceHotline.com to seek out today's low rates on insurance. It's fast, it's free, and it's really easy.

InsuranceHotline.com
We search. You save.

Two penguins die in two days at Calgary Zoo

Juntos and Guillermo. Pair of Humboldt penguins, both three years old, died of a suspected infection, says staff veterinarian

Calgary Zoo officials say another Humboldt penguin died late Tuesday night, the second death in as many days.

The three-year-old animal named Juntos came to Calgary from the same zoo in Syracuse, N.Y., as Guillermo, another three-year-old penguin of the same species that died on Monday.

"I have conducted the post-mortem examinations on both penguins and, while we are waiting for confirmation, the results are most consistent with an infection caused by the bacterium Chlamydophila psittaci, a disease that can affect both wild and captive bird populations including penguins," Dr. Doug Whiteside, senior staff veterinarian with the Calgary Zoo, said in a release.

"Test results will confirm this diagnosis," Whiteside added, "but in the meantime we are treating the remaining eight Humboldts and two gentoos that share the outdoor exhibit to do our best to prevent further losses."

Zoo officials said it's possible that the Humboldts arrived in Calgary already carrying the diseases, as it can be latent in the birds for months, or even years, and go undetected in quarantine testing.

METRO IN CALGARY

The Calgary Zoo announced that one Humboldt penguin died Monday, then a second on Tuesday. FACEBOOK

More than 10,000 yrs. old

Petroglyphs in Nevada oldest in North America

Ancient rock etchings along a dried-up lake bed in Nevada have been confirmed to be the oldest recorded petroglyphs in North America — more than 10,000 years old.

Larry Benson, a U.S. Geological Survey scientist says the art on the limestone boulders could have been drawn as long as 14,800 years ago.

THE ASSOCIATED PRESS

RCMP in Richmond, B.C.

Passerby stops armed kidnapping

The Vancouver-area RCMP are crediting a quick-thinking passerby for thwarting a kidnapping.

A news release says police were called in Richmond, B.C., by a member of the public who saw what he believed was a kidnapping.

The person reported seeing four suspicious-looking men approach another man, put his son into a vehicle and handcuff the man. THE CANADIAN PRESS

A new pet for Baby George?

Britain's Prince William, the Duke of Cambridge, handles a Harris Hawk during a falconry display as he attends the Anglesey Show, in Anglesey, North Wales, Wednesday. The Anglesey Show is the largest two-day agricultural event in North Wales. ANDREW YATES/POOL/THE ASSOCIATED PRESS

RBC Royal Bank

5 WARNING SIGNS

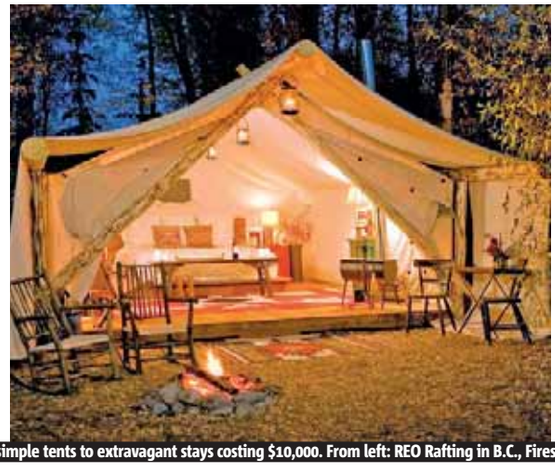
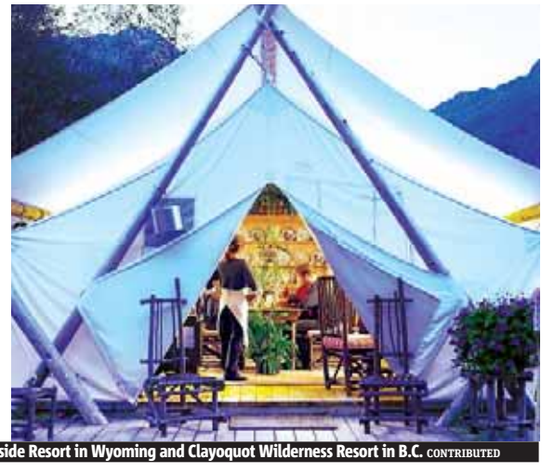
that you're in an unhealthy travel rewards relationship.

1. Feeling restricted in your choice of airlines
2. Annoyed when you find it hard to book in peak season
3. Nothing is direct and easy because of unnecessary stopovers
4. Frustration with rules that keep changing again and again
5. Feelings of hopelessness about being able to redeem your points

If you suffer from any of these, it's time to move on to a more fulfilling relationship. Over a million Canadians have found true happiness with Avion®. Avioners find comfort in a travel rewards card program that is clear and easy to use, a program that understands them and their needs.

Find out how you can get the freedom you deserve.
Visit rbc.com/HappierWithAvion

® / ™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. ‡ All other trademarks are the property of their respective owner(s).

There is no definitive glamping experience, with accommodations ranging from simple tents to extravagant stays costing $10,000. From left: REO Rafting in B.C., Fireside Resort in Wyoming and Clayoquot Wilderness Resort in B.C. CONTRIBUTED

What on yurt is this?

Glamping. Like regular camping's cousin, but with more glitter

JESSICA SMITH
jessica.smith@metronews.ca

You're lying in your tent, a little thirsty.

If you throw on your boots and head to the pot of purified water by the fire pit — you're camping.

If you ring the bell on your bedside table and ask the butler for a wine spritzer — you're glamping.

Glamping — glamorous meets camping — is the kind of vacation that straddles two worlds: The rugged outdoors and keep-your-hands-clean comfort of home.

"The idea started when the British would go down to Africa for safaris and they would have their big luxurious canvas tents, pack a bed," said Ruben Martinez, co-founder of GlampingHub.com. "To the best of our knowledge, that's where the idea started and over the last few years the trend has grown."

Sometimes, the difference between camping and glamping is little: A canvas tent and a real bed, versus nylon and a bedroll. But most anything can be glamping if it's not a traditional house, hotel, RV or cabin and provides immediate access to nature.

"These places keep popping up," Martinez said. "They range from relatively simple tents, tree houses, yurts to the really extravagant."

How extravagant?

"Some of these places have butlers, they have wine service, fantastic views, king-sized bed — you name it," he said. "Some of these places can be pretty ridiculous."

One of Canada's most glamorous is the Clayoquot Wilderness Resort.

"We're in the heart of Clayoquot Sound in the middle of the UNESCO world biosphere," said Katherine MacRae, director of marketing for the resort. "We're 40 minutes by boat to the closest town and there's no road access."

The all-inclusive resort includes the seaplane trip from Vancouver, locally sourced five-course meals with wine pairings and activities.

"We have world-class salmon fishing out here, horseback riding is one of our big adventures," said MacRae, adding there's also a spa, hiking, skeet shooting, kayaking, archery, rock climbing and paintball.

MacRae says her resort was the original North American tented safari. An all-inclusive tent for two costs $9,500 for three nights.

Canada has its fair share of yurts, but glamorous camping is worldwide.

At the Four Seasons Tented Camp Golden Triangle in Thailand, you'll arrive riding an elephant to your tent, which is billed as "reminiscent of 19th-century adventure expeditions with handcrafted furniture, hardwood floors and traditional thatched roofs."

From there, you eat fine Thai dining, go to the spa, swim in one of the pools or go on an excursion.

Prices fluctuate, but three nights for two guests in January 2014 will cost more than $10,000 for the "superior" tent, more for the "deluxe."

Metro tries it out

Liz 'n' Liz go glamping

Last week, Metro writers and avid campers Liz Brown and Liz Beddall gave glamping a try with Long Point Eco-Adventures in St. Williams, Ont. Here's what they thought of the experience:

Liz Brown and Liz Beddall toast to the good life on the porch of their wilderness suite with Long Point Eco-Adventures in St. Williams, Ont. Aside from offering visitors luxury accommodations and on-site activities, the facility prides itself on being deeply eco-conscious. LIZ BEDDALL/METRO

Beddall: Well Liz, we went glamping and survived. Nay — thrived! When's the last time you returned from a wilderness excursion with thoroughly conditioned hair and a belly warm with Pinot Noir?

Brown: Never, Liz. But I've also never set up camp across the road from a winery — Burning Kiln Winery to be exact. But the best perk for me was a flush toilet inside the tent. No more hikes to the outdoor can for me!

Beddall: I felt the pièce de résistance of our stay was the king-sized bed we snoozed in after our Zodiac boat tour and astronomy lesson. The plump pillows were a slight step up from the toilet paper roll I once employed on a canoe trip to cushion my cranium against a bed of rocks.

Brown: What about the built-in shower? I had some doubts about scrubbing up in the open air, but the stream of steamy water on a cool morning was incredibly refreshing. But enough about the tent, what about the activities?

Beddall: Once we left our tent of wonders, the glamping experience seemingly ceased. Zip-lining high above the Long Point Bay World Biosphere is not, at least for me, a soothing experience. Having those options made me feel less like I was a traitor to the camping community. You?

Brown: Let's not kid ourselves. We're losing some roughing-it cred by waxing on about glamping. Saying we went zip-lining isn't going to redeem us.

Beddall: You're right. The likelihood of us being excommunicated from the backwoods brotherhood is high. But Liz, no one can fault us for accepting a pizza delivered directly to our tent, courtesy of local restaurant Surfside Pizza.

Brown: True. And it's not like hardcore campers come out of the bush looking forward to a homecoming meal of jerky and granola. So, what's the verdict? Are you a glamping convert?

Beddall: Liz, the call of the unvarnished wilderness will always grunt loudly in my ear, but I'll never forget the sweet, siren-song of the ever so decadent Eco-Adventures camp in St. Williams.

Exclusively online

Go to metronews.ca for more on glamping:

- See photos of the most glamorous glamping destinations in the world
- Click through an interactive, detailed version of the glamping graphic
- Follow Metro reporters' glamping adventure (in photos)

Glamping vs. camping

IRENE KUAN
irene.kuan@metronews.ca

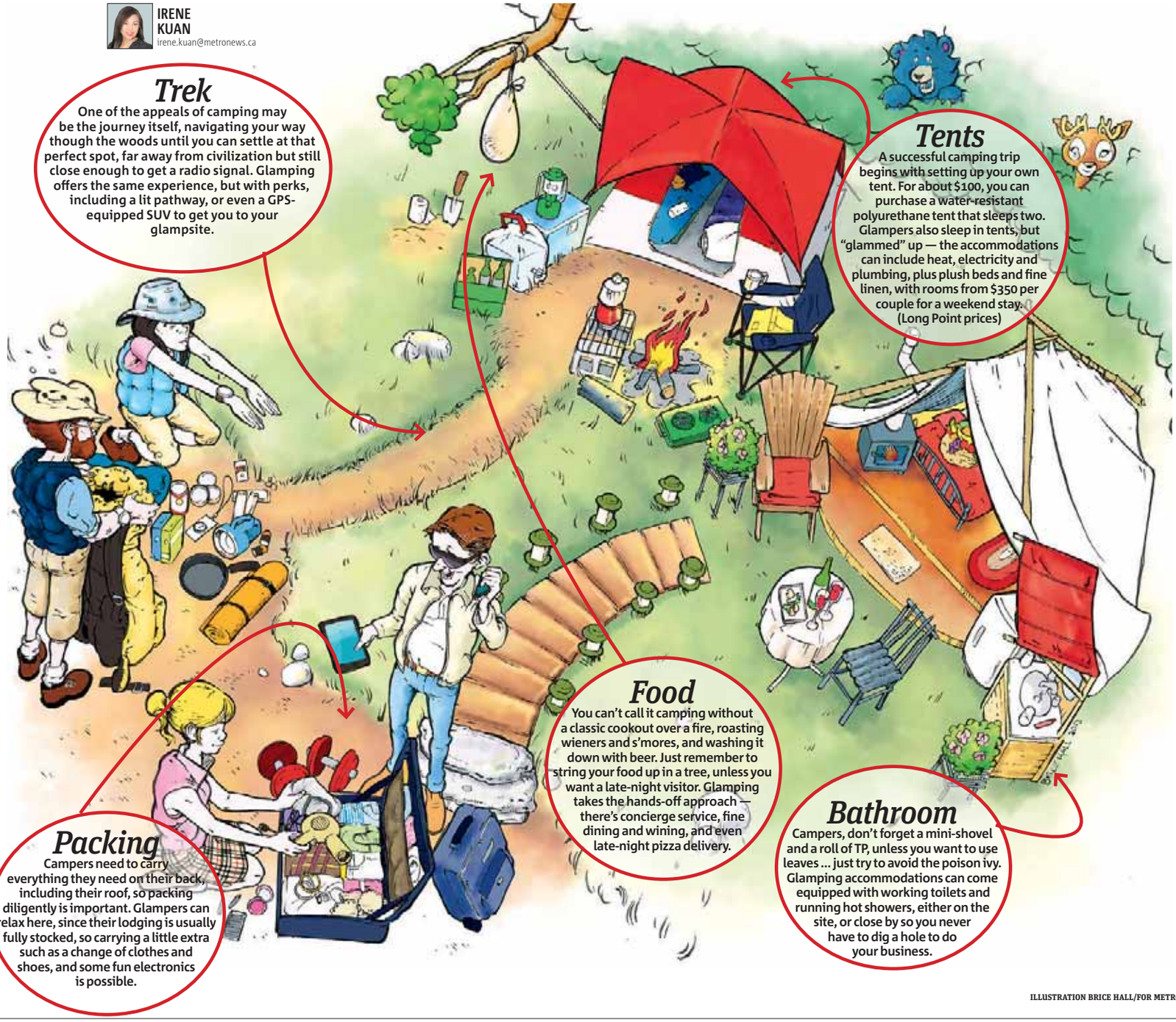

Trek
One of the appeals of camping may be the journey itself, navigating your way though the woods until you can settle at that perfect spot, far away from civilization but still close enough to get a radio signal. Glamping offers the same experience, but with perks, including a lit pathway, or even a GPS-equipped SUV to get you to your glampsite.
Tents
A successful camping trip begins with setting up your own tent. For about $100, you can purchase a water-resistant polyurethane tent that sleeps two. Glampers also sleep in tents, but "glammed" up — the accommodations can include heat, electricity and plumbing, plus plush beds and fine linen, with rooms from $350 per couple for a weekend stay. (Long Point prices)
Food
You can't call it camping without a classic cookout over a fire, roasting wieners and s'mores, and washing it down with beer. Just remember to string your food up in a tree, unless you want a late-night visitor. Glamping takes the hands-off approach — there's concierge service, fine dining and wining, and even late-night pizza delivery.
Bathroom
Campers, don't forget a mini-shovel and a roll of TP, unless you want to use leaves ... just try to avoid the poison ivy. Glamping accommodations can come equipped with working toilets and running hot showers, either on the site, or close by so you never have to dig a hole to do your business.
Packing
Campers need to carry everything they need on their back, including their roof, so packing diligently is important. Glampers can relax here, since their lodging is usually fully stocked, so carrying a little extra such as a change of clothes and shoes, and some fun electronics is possible.

ILLUSTRATION BRICE HALL/FOR METRO

Oh Gadd: Silly glampers, heels are for cities

Glamping may seem like a good idea to some, but to an expert camper it's a "silly" idea.

Ben Gadd, naturalist, geologist and author of the Canadian Hiker's and Backpacker's Handbook, is an expert in helping ordinary people experience the wilderness.

He was a guide at Jasper National Park in Alberta for more than 30 years and glamping doesn't impress him at all.

"I think glamping sounds quite silly, but fun," said Gadd.

"It's as if you're taking the most extreme elements of city life, like high heels and glasses of wine, and you're taking that into the situation where we lived as hunter-gatherers.

"It seems to me almost a spoof. I couldn't take it seriously. I don't know how it would have some sort of benefit to you."

Asked why people from the cities go into the wilderness, Gadd says: "It's because, I think, that's where we come from.

"Our species grew up in the wilderness and, like any other organism, we search out the environment in which we're most likely to prosper.

"Any creature knows that instinctively."

If people want to try serious camping, the Alpine Club of Canada has a network of groups, events and mountain huts to help. Visit alpineclubofcanada.ca for information. MIKE DONACHIE/METRO

Ben Gadd CONTRIBUTED

Do you have TYPE 2 DIABETES?
If you are currently taking Metformin with or without Diamicron or Glyburide you may be eligible to participate in a research study involving an investigational medication that may lower blood sugar levels and cause weight loss.
Study related medication, supplies and compensation up to $1,705 dollars for time and travel will be provided.
Speak with the experts at LMC Diabetes:
866-701-ENDO (3636) www.LMC.ca
research@LMC.ca
TORONTO • OAKVILLE • ETOBICOKE • THORNHILL • BARRIE • MARKHAM • BRAMPTON • CALGARY • MONTREAL
LMC Making Healthy Easier

ROCHON | GENOVA LLP
BARRISTERS – AVOCATS
DISABILITY CLAIMS?
Have you been denied or cut off from your long or short–term disability insurance benefits? We can help you!
• Free Consultation
• No payment until claim is settled
Call: 416-363-1867
www.rochongenova.com

GATESTONE
YOU'RE INVITED TO ATTEND OUR JOB FAIR!
Gatestone & Co. Inc., a leader in the accounts receivable management and call centre services industry, will be hosting a **JOB FAIR on Thursday, August 15, 2013 from 9:00 am – 12:00 pm at 415 Yonge St, 7th floor.**
Our offices are conveniently located in the downtown Toronto core and easily accessible by TTC.
We are currently looking for full time Collection Agents.
We offer comprehensive paid training.
If you are unable to attend our Job Fair please email your resume to careers@gatestoneco.com Attn: Job Fair.

Roommates set out to buy nothing for a year

Less is more.
'I realized these things don't make me any happier,' Calgary man says of the 'stuff' he has already accumulated

ROBSON FLETCHER
Metro in Calgary

Two Calgarians are taking the Buy Nothing Day concept and multiplying it by 365.

Roommates Geoff Szuszkiewicz and Julie Phillips set out on a Buy Nothing Year on Aug. 3, an undertaking they plan to continue until the same date in 2014, when Szuszkiewicz turns 31.

As part of this "life experiment," the pair has immediately given up spending money on household and personal items — including things like cleaning products and clothes — and they plan to eventually ramp it up to a point where they pay for nearly nothing.

"In three months we're going to discontinue purchasing of services — that means we're not going to be buying haircuts, eating out any more or paying for transportation," Szuszkiewicz explained.

They already have a head start on that phase, however, as Phillips' car broke down and she opted to give the beater away rather than fix it. She now uses a bike as her main mode of transportation, while Szuszkiewicz has given up the bus and commutes to work on foot.

By the final month of the experiment, they aim to give up spending on groceries, relying instead on an at-home aquaponics system (built with donated or bartered materials) and supplementing their food stocks through trade.

They do plan to continue paying their power bill, however, and use their previously purchased electronics to document their journey online.

"We don't want to be these extremist hippies living without electricity," Phillips laughed.

Julie Phillips and Geoff Szuszkiewicz hold Pepper, an animal they are "bunny-sitting" for a friend in exchange for wine. The pair expects bartering to figure prominently in their Buy Nothing Year. ROBSON FLETCHER/METRO IN CALGARY

Retail. Metro plans to shake up Ontario grocery stores

Grocery retailer Metro is reorganizing its Ontario store network and will become the exclusive operator of Target's pharmacies in Quebec as it continues to adjust to intense competition and dramatic changes in the Canadian supermarket and pharmacy businesses.

The Montreal-based company, one of Canada's largest grocery retailers, said 15 stores would be affected including six Metro stores in Ontario that will be converted to the Food Basics discount banner and up to three underperforming locations that will be closed over the coming months.

Metro said it will also offer buyouts to an unspecified number of unionized employees at the other Ontario stores that are affected.

Meanwhile, Target Corp. will partner with a Metro subsidiary under an agreement that will see Brunet own and operate 18 pharmacies that Target will open next summer in Quebec. THE CANADIAN PRESS

Amazing $#!@& Race

BodyBreak guru admits she cussed

BodyBreak fitness guru Joanne McLeod has issued a statement admitting she used a swear word during Monday's episode of The Amazing Race. McLeod and partner Hal Johnson, known to Canadians for their sunny TV family fitness vignettes, were eliminated from the series after an arduous test in Regina this week. During the episode, McLeod seemed to drop an F-bomb. THE CANADIAN PRESS

Market Minute

DOLLAR 96.82¢ (+0.14¢)
TSX 12,639.30 (-2.89)
OIL $106.85 US (+2¢)
GOLD $1,333.40 US (+$12.90)

Natural gas: $3.34 US (+6¢)
Dow Jones: 15,337.66 (-113.35)

Fit for Life sandwich bar

THE RAPIDLY GROWING HEALTHY SANDWICH SHOP HAS
franchises for sale
and we are
GUARANTEEING YOUR INVESTMENT!
FOR DETAILS: EMAIL FRANCHISING@FITFORLIFEFOOD.COM OR TEL 905-826-0862 X 45

ROB FORD REALITY ROUNDUP

HE SAYS

John Mazerolle
metronews.ca

The Beaver Examiner brings you the latest fake news: **Alleged Drug Dealer in Photo Mortified to Appear with Rob Ford**

A 25-year-old man facing drug trafficking charges who appears in a newly distributed photo with Toronto Mayor Rob Ford says he is "deeply embarrassed" by it. "I'd like to apologize to my family, gang, and to anyone else I might have offended," said the man, who spoke to The Beaver Examiner on condition of anonymity. "I pose for a lot of photos, and if I had known it was Rob Ford, I would have politely declined." The uproar recalls a controversy last year when Ford appeared in a photo with a white supremacist. The supremacist later apologized.

'Bizarre' Viral Video Shows Rob Ford Working at Some Sort of White-Collar Job

Saying they've "never seen anything like it," millions of Internet users have watched a new video that shows controversy-prone Rob Ford working away at some sort of bureaucratic job. Vancouver resident Rob Blumer says he has watched the video, Zoning Amendment SD-97, on YouTube a dozen times. "It's bizarre," Blumer said. "I clicked it waiting to see Ford say something crazy, but he just stands there, talking with other guys in suits. It looks like he's in, like, a meeting hall." Blumer said. Ford never swears, walks into anything or falls over despite the video's length of almost 11 minutes. "I don't know what it means," Blumer said. "Maybe it's performance art."

Stephen Harper Resigns After Doing Any One Thing Rob Ford Has Done

Prime Minister Stephen Harper has resigned in disgrace after doing any one thing that Toronto Mayor Rob Ford has done. Exact details are still sketchy, but it's believed Harper may have lied about a DUI conviction, used his staff for personal business, threatened a couple at a hockey game, been accused of smoking crack, or said cyclists who die have only themselves to blame. "Whatever it is that he did, this is an unprecedented controversy for Harper and I see no way for him to recover from it," said political scientist Martin Lye. "No politician can do any one thing Rob Ford has done and still be electable."

'Fiscal Record What's Important,' Doug Ford Says as he Chases Incoherent, Naked Rob Ford Through Shopping Centre

Coun. Doug Ford launched a spirited defence of his brother Rob Ford's record Friday while frantically searching for the mayor in a downtown shopping centre where he had last been seen running naked and repeatedly yelling "Woo!" Lashing into assembled media, Ford said that reporters were only focusing on Rob Ford because he had apparently set his clothes on fire before running around the blaze in a circle shouting 'Let's party!' — forgetting that he had saved the city "more than a billion" dollars. "You can't attack us on our record, so you attack us just because he's over there skinny dipping in the coin fountain." As he propped up his brother from the fountain, Doug Ford noted that his brother had retrieved 45 cents on behalf of taxpayers.

ZOOM

Signed, sealed, delivered

DAVID HECKER/GETTY IMAGES

Rescued seals make their way home

Tim Fetting, left, and Peter Lienau from the Seehundstation Norddeich release young seals on the beach of the islands of Juist on Wednesday near Norddeich, Germany. The Seehundstation Norddeich is a facility for raising young seals who were separated from their mothers due to storms, disease or human disturbance and who would otherwise have little chance of survival.

Volunteers collect about 90 young seals a year from the North Sea German coast and care for the pups until they weigh about 25 kilograms before releasing them back into the wild. Sponsors pay for the costs of caring for the seals and get to name them. GETTY IMAGES

A zookeeper feeds herring to young seals in the Seehundstation.
DAVID HECKER/GETTY IMAGES

Sorry kids, I got to go

- Four to 50 days is the length of time true seals (pictured) suckle their pups.
- This is because their feeding ground is usually far from shore, so after lactation the mother will dash, foraging to replenish depleted energy.

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

A tragedy happened in Egypt Wednesday, and the situation there is unlikely to improve soon. If you want a closer look at what's happening, here are three Twitter handles worth following.

A supporter of ousted Egyptian president Mohammed Morsi reacts after identifying the body of a dead family member in Cairo on Wednesday. GETTY IMAGES

@acarvin:
National Public Radio's senior strategist is a peerless curator of news from around the world, with a particular shine for the Middle East and a talent for finding citizen images.

@sameralAtrush:
A Cairo-based wire journalist who frequently treats his Twitter feed as a public display for his reporter's notebook, which can obviously contain grim stuff.

@hebamorayef:
The Egypt director for Human Rights Watch is on the ground in Cairo, where she regularly posts updates from field hospitals and protest sites.

Comments

RE: Ladies, If You've Ever Tried To Get Your Man To Care About Home Decor, Be Careful What You Wish For, published Aug. 13

This article did nothing but state the perfectly obvious: cohabitation means compromise. But the title reads like, "Ladies, make sure you don't get your man interested in decor, because you won't get your way."

I find the piece rather rude, and it's more of a blog update on Jessica's personal living situation than offering couples any practical or emotional advice of *how* to work out a compromise. Sorry that you went to all that trouble to force your partner's opinion out of him, only to find he disagrees with you.

Aeric posted to metronews.ca

Twitter

@metropicks asked: Volvo's technology detects cyclists and stops if needed. Is it the solution to cyclist fatalities?

@WilMcQueen: Lowering cyclist deaths can be achieved by cyclists not being self-righteous a—holes, weaving, red-light runners.

@benrankel: The only way to make driving really safe is to remove the most fallible element – the human driver.

@neanderstaal: Drivers paying attention is the real solution to cyclist (and pedestrian and motorist) fatalities.

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:
Send us your comments: torontoletters@metronews.ca

metro

President and Publisher Bill McDonald • **Editor-in-Chief** Charlotte Empey • **National Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Toronto** Tarin Elbert • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Distribution Manager** Steve Malandro • **Vice-President, Sales and Business Ventures** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Finance** Phil Jameson • **METRO TORONTO** 625 Church St., 6th Floor Toronto ON M4Y 2G1 • **Telephone:** 416-486-4900 • **Fax:** 416-482-8097 • **Advertising:** 416-486-4900 ext. 316 • adinfotoronto@metronews.ca • **Distribution:** toronto_distribution@metronews.ca • **News tips:** toronto@metronews.ca • **Letters to the Editor:** torontoletters@metronews.ca

LEARNING THAT MAKES A DIFFERENCE

Meet Laurie, David, Elaine, Leanne, Shuqing and Dawn – just a few of the people who have achieved inspiring success with the help of our Continuing Education courses. The skills, connections and confidence they gained made it possible for them to achieve their goals. Read their stories on our website, and see the difference you can make in your own life with George Brown College.

CHOOSE FROM EVENING, WEEKEND AND SOME DAYTIME COURSES IN

- Arts and Design
- Business and Legal Studies
- Communication and Languages
- Emergency Management
- Health Sciences and Community Services
- Hospitality and Culinary Arts
- Liberal Arts and Sciences
- Makeup and Esthetics
- Technology and Trades

PLUS DISTANCE EDUCATION

GEORGE BROWN COLLEGE School of Continuing Education

coned.georgebrown.ca

Register now for fall classes!

A high-calorie summer road trip with a sugar rush in the making

On the road, again. Brooke Wray has spent nearly half a century of summers traversing Canada to bring food to midway goers

BACKSTAGE PASS
Ian Gormely
scene@metronews.ca

Brooke Wray has been doing the food concession circuit for 46 years. Look for his Candy Time trailer at the Ex. CONTRIBUTED

Stepping off the GO platform at Exhibition Place, the barrage of multi-coloured flags atop Brooke Wray's Candy Time trailer is the first thing in sight. Come Friday, the food-stand, one of four the Victoria-based concessioner brings to the Canadian National Exhibition each year, will be his busiest, swarmed by customers looking for cotton candy or candy apples. But right now he's just trying to get his power hooked up.

"They said they're bringing a Genie over," says the midway veteran. Despite the setback, Wray remains unfazed. This is his 23rd year attending the Ex, and his second to last stop of the summer. Each June, Wray, his two sons and wife Carla set out on a cross-country excursion, from Calgary to London, Ont., with stops in Saskatoon, Winnipeg and Thunder Bay in between.

The trip is a 46-year tradition for Wray, as well as his main source of income. At 16, he started poking sticks into candy-apples for his brother-in-law at the Calgary Stampede. "They decided they could use me to travel a bit," he says. "I made about $600 that summer. It was a good one."

Ten years later, he bought his first trailer, committing himself to the grind of life as a travelling food vendor, working 16-18 hours a day for four months straight. "The fun of travelling, going across Canada to see different parts of the landscape appealed to me. I hadn't travelled much."

Today, Wray remains the majority partner in his company Billbrooke Concessions, while his two sons, Tyler, 30 and Matthew, 28 each own a 25 per cent stake. "I don't think I could have four concessions trailers without the commitment from the boys," he says, which is why he decided to make them partners in the business.

If you go...

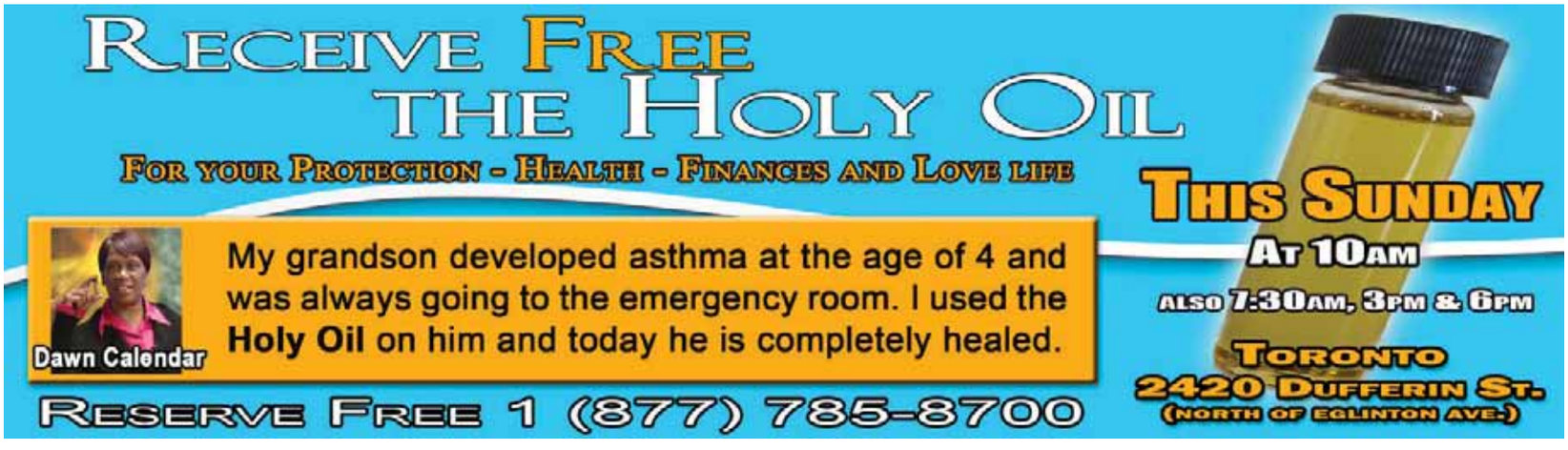
Canadian National Exhibition runs from Aug. 16 to Sept. 2 at Exhibition Place. See theex.com for more details.

The exhibition circuit isn't for everyone and Wray admits that it can attract some shady characters. But he says that the word "carny" is a misnomer for what he and his family do.

"We try to put on a good representation. We're trying to put the carny name into a better light."

The lifestyle also had its benefits. By the end of September, the season is over and Wray is headed back to Victoria before driving down to Mexico with Carla for the winter.

"When we're done with the fairs, I'm pretty much done physically and mentally," he says. But when June rolls around, "I'm all gung-ho."


RECEIVE FREE
THE HOLY OIL
FOR YOUR PROTECTION - HEALTH - FINANCES AND LOVE LIFE
Dawn Calendar
My grandson developed asthma at the age of 4 and was always going to the emergency room. I used the Holy Oil on him and today he is completely healed.
RESERVE FREE 1 (877) 785-8700
THIS SUNDAY
AT 10AM
ALSO 7:30AM, 3PM & 6PM
TORONTO
2420 DUFFERIN ST.
(NORTH OF EGLINTON AVE.)

Indigo bestsellers

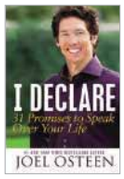
NOW 40% OFF*

Our Top 20 are NOW 40% off. In-store. Every day.

1. A TAP ON THE WINDOW Linwood Barclay

Something is horribly wrong in the small town of Griffon NY. It's been two months since private investigator Cal Weaver's teenage son died in a tragic drug-related accident. This town has too many secrets, too many lies – and Cal has decided to expose those secrets one by one.

Last Week: 1 / Weeks on List: 1



2. I DECLARE Joel Osteen

Words have always had power. Joel Osteen's *I Declare*, now available in paperback, offers daily inspirations that harness the power of words. Shift the way you describe your life by declaring your blessings, and change will swiftly follow.

Last Week: 2 / Weeks on List: 1

This Week		Last Week	Weeks on List
3.	WAGING HEAVY PEACE Neil Young	3	2
4.	THE WHITE PRINCESS Philippa Gregory	4	3
★ 5.	WALLBANGER Alice Clayton	-	-
6.	MISTRESS James Patterson	6	1
★ 7.	ROSE HARBOR IN BLOOM Debbie Macomber	-	-
★ 8.	THE LAST KISS GOODBYE Karen Robards	-	-
9.	THE GUTS Roddy Doyle	9	1
10.	FIRST SIGHT Danielle Steel	10	5
★11.	THE INCONVENIENT INDIAN Thomas King	-	-
12.	THE ENGLISH GIRL Daniel Silva	12	5
13.	THE OCEAN AT THE END OF THE LANE Neil Gaiman	13	9
14.	THE CASUAL VACANCY J.K. Rowling	5	3
15.	INFERNO Dan Brown	7	12
16.	WILD Cheryl Strayed	16	20
17.	LET'S EXPLORE DIABETES WITH OWLS David Sedaris	17	17
18.	CRAZY RICH ASIANS Kevin Kwan	8	2
19.	I WEAR THE BLACK HAT Chuck Klosterman	19	3
20.	THE SECRET KEEPER Kate Morton	11	5

Combined Fiction and Non-Fiction Bestsellers for the week, ending August 19th

★New this week

Indigo | Chapters | Coles | indigo.ca

Connect with us /chaptersindigo

*IN-STORE 40% discount applies to in-stock books featured on Indigo's Top 20 English Bestseller list at time of purchase at Indigo, Chapters or Coles locations. Bestseller list is determined by Indigo and gets updated regularly. Not valid in conjunction with any other offer or promotion excluding everyday irewards discount and cannot be used to adjust amount paid on previous purchases. Online 50% discount applies to irewards and plum rewards members - 45% off for non-members - on Top 50 Online Bestsellers as selected by Indigo.ca. Offers may change or end at any time without notice. Indigo, Chapters, Coles and indigo.ca are trademarks of Indigo Books & Music Inc..

Online Bestsellers. Top 50 are 50% off at **indigo.ca**

The Spectacular Now — Drink it in

Q&A. Smashed director James Ponsoldt talks about his latest booze-filled tale and how he managed to stay busy on the road

Miles Teller plays the lead in The Spectacular Now. HANDOUT

NED EHRBAR
Metro World News in Hollywood

Director James Ponsoldt follows up last year's acclaimed look at alcoholism, Smashed, with The Spectacular Now, based on the young adult novel by Tim Tharp about a live-for-the-moment popular high school senior (Miles Teller) with a burgeoning drinking problem. The film was the toast of Sundance and has kept Ponsoldt on a steady festival tour since then, something he's not necessarily complaining about.

How do you develop new projects while doing this months-long festival tour?
I've been working continuously. I have my laptop with me constantly. I'm too ADD to say, "Hey, here's 45 minutes, I'm going to dive in." I kind of need a three-hour window, but I've gotten better at it. A lot of these festivals I don't necessarily go to all the parties. I try to get to bed before midnight. I've been trying to get up earlier and earlier. Say something starts at 10 a.m., I'll usually be up by 5:30 or 6 and try to get three hours of writing in every day if I can, and if I have a day off I'll just use it as best I can. It is hard. Travel, at least for me, really screws up your internal rhythm.

Did you have any trouble "getting" teenagers today?
I've read every think-piece about, "How has the Internet changed things." Emotionally, internally? We're the same. I think the Internet does democratize things and does change things, but just because you can tweet at someone or send a direct message doesn't mean you can't still be romantic and still be proactive.

So what's in the main character's flask?
I think it's whiskey. Growing up in Athens, me and my friends started drinking a lot in sixth grade. We did drink hard booze, but it was by a circumstance where we had a Thermos that on Monday you get the Thermos and on that night you would raid your parents' liquor cabinet and just fill it up with a little bit of everything and then just put Kool-Aid in there, and we'd all drink it at lunch. So it's a bunch of hard liquor and fruit punch.

You've got a knack for dealing with alcoholism in film without being preachy. I mean, do you trust people who say they have a message for you?
Probably no. I mean, neither do I. I think social issue movies are the worst. It's such an abstraction. It's not about a character, it's not about a story. I don't think I'm in a position to judge anyone, nor do I want to, and I think it makes for horrifically bad storytelling. It just seems cynical and mean-spirited.

EBIKE UNIVERSE
THE ULTIMATE EBIKE STORE

Ebike Universe North
134 Oakdale Rd.
Toronto ON, M3N 1V9
Tel: (416) 749-2324

Ebike Universe Etobicoke
35 Stoffel Drive, Unit B
Etobicoke, ON M9W 6A8
Tel: 416-240-1384

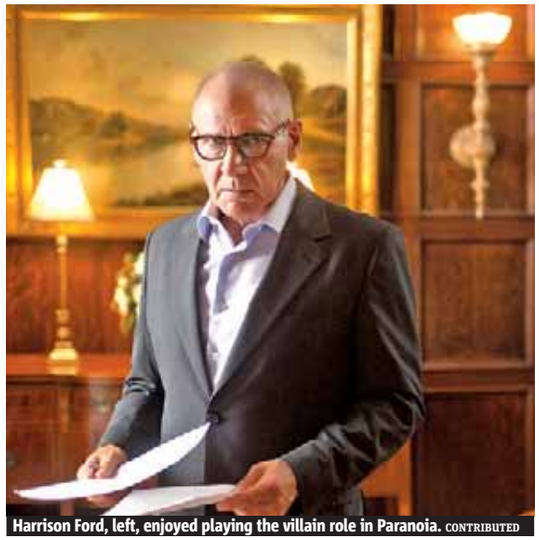
Ford isn't as scary as he is on screen

Interview. He has a reputation now for being impatient with poor interviewers, but it's not half as scary as his role in the new thriller Paranoia

MATT PRIGGE
Metro World News

Harrison Ford isn't as terrifying to talk to as you might have heard. Over the years he's gotten a reputation as gruff, pissy, overly succinct and transparently wishing he was somewhere else. This isn't completely untrue — as long as your questions aren't too dumb, and especially if they aren't about Star Wars or Indiana Jones. Now 71, he's relaxed into supporting or at least co-lead roles, which he continues as one of the villains in the tech world thriller Paranoia. And though we were too scared to ask him about his involvement in the next Star Wars entry, we did get some information on his newest flick.

Paranoia touches on some important issues: income gaps, greed, health insurance. Were these what drew you to the film?
No. I was drawn to the character and the relationships, and the manipulation of an ambitious young person by two powerful businessmen. The cat and mouse of the whole thing is what interested me — and the opportunity to play a character different from what I've played lately. I haven't played the bad guy for a very long time.


Harrison Ford, left, enjoyed playing the villain role in Paranoia. CONTRIBUTED

He's not just a stock villain, though. He actually seems, for a time, genuine.
That's what I liked about it. He's a manipulator. And he has a ripe one on his plate. What interested me was the complexity here. There's not only corporate greed and perfidy; there's a young man who has a bit of the blind ambition issue. So he's ripe for manipulation.

What did you do that was different for you?
I shaved my head. I shaved my hairline back and dyed my hair for 42. There was no way it was going to grow out in time to be useful. So I presented myself to Paramount people with a shaved head, much to their surprise.

What's fun about playing a villain?
It's just something different. It's something unexpected for the audience. I'm just happy to have fun.

Putting away the whip

"It's just something different. It's something unexpected for the audience."
Harrison Ford
On his movie Paranoia.

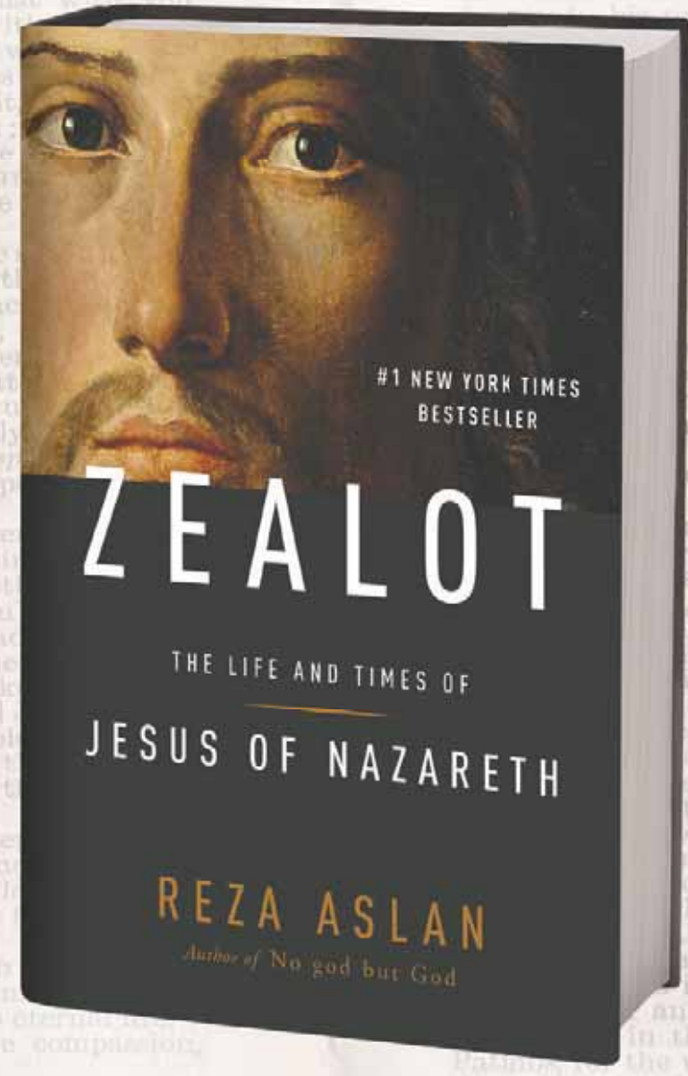
We are looking for volunteers!

Lambda Therapeutic Research Inc specializes in conducting clinical research trials.
We are looking for healthy non-smoking individuals to participate in upcoming studies.
Participants are compensated for their time.
Compensation may range from $ 750 to $3500 depending on study duration.
Refer a friend and you may receive $100!

Please contact for more information :
Mon-Fri: 9am-5pm & Sat: 10am-3pm: Call 416-752-3333
Toll Free: 1-866-207-3333 (24hrs)
www.lambdacanada-cro.com www.todaysresearch.com
Location: 460 Comstock Road, Toronto, M1L 4S4

#1 *NEW YORK TIMES* BESTSELLER

Everything you think you know about Jesus Christ is wrong. The real Jesus was actually a revolutionary nationalist out to resist the Roman occupation, and not a pacifist.



A fascinating, provocative, and meticulously researched biography that challenges long-held assumptions about the man we know as Jesus of Nazareth.

PENGUIN RANDOM HOUSE

Available wherever books and e-books are sold

www.RandomHouse.ca
Facebook.com/RandomHouseofCanada RandomHouseCA

It took some persuading, but Oprah's baaack!

The Butler. Winfrey talks about why she decided to do her first film since 1998 and why this role is important for her

MATT PRIGGE
Metro World News

There was one major reason Oprah Winfrey returned to screen acting for her most prominent role since 1998's Beloved — and his name is Lee.

Winfrey worked with director/producer Lee Daniels behind the scenes of his breakout work, Precious, which she also executive produced. She was coerced in front of the camera for his fourth directorial work, Lee Daniels' The Butler, playing the wife of a man (Forest Whittaker) who works at the White House from the 1950s through the '80s.

"I wanted the opportunity to be in his hands, really," she says, adding he was relentless in pursuing her. "I was telling him, 'Lee, I got a network thing going on. But he wouldn't listen to me. He'd been stalking me for some time."

Of course, there was also the subject. The film spans the beginning of the civil rights movement and ends with Obama's election.

"I'm a historian of my own history — of African American history. I believe that when you know who you are, you have the ability to move forward not only with your own strength, but with the strength of your entire ancestry," Winfrey says.

While specifically about black culture — and in a way that doesn't portray it through white eyes, despite a Caucasian screenwriter (Danny Strong) — the film is also, she says, universal.

"You see the two of us at the bus station sending our son off to college. That's how every parents, regardless of race, regardless of economic background, feel when you have to let go of your son."

There's also her character: the long-suffering wife of a workaholic.

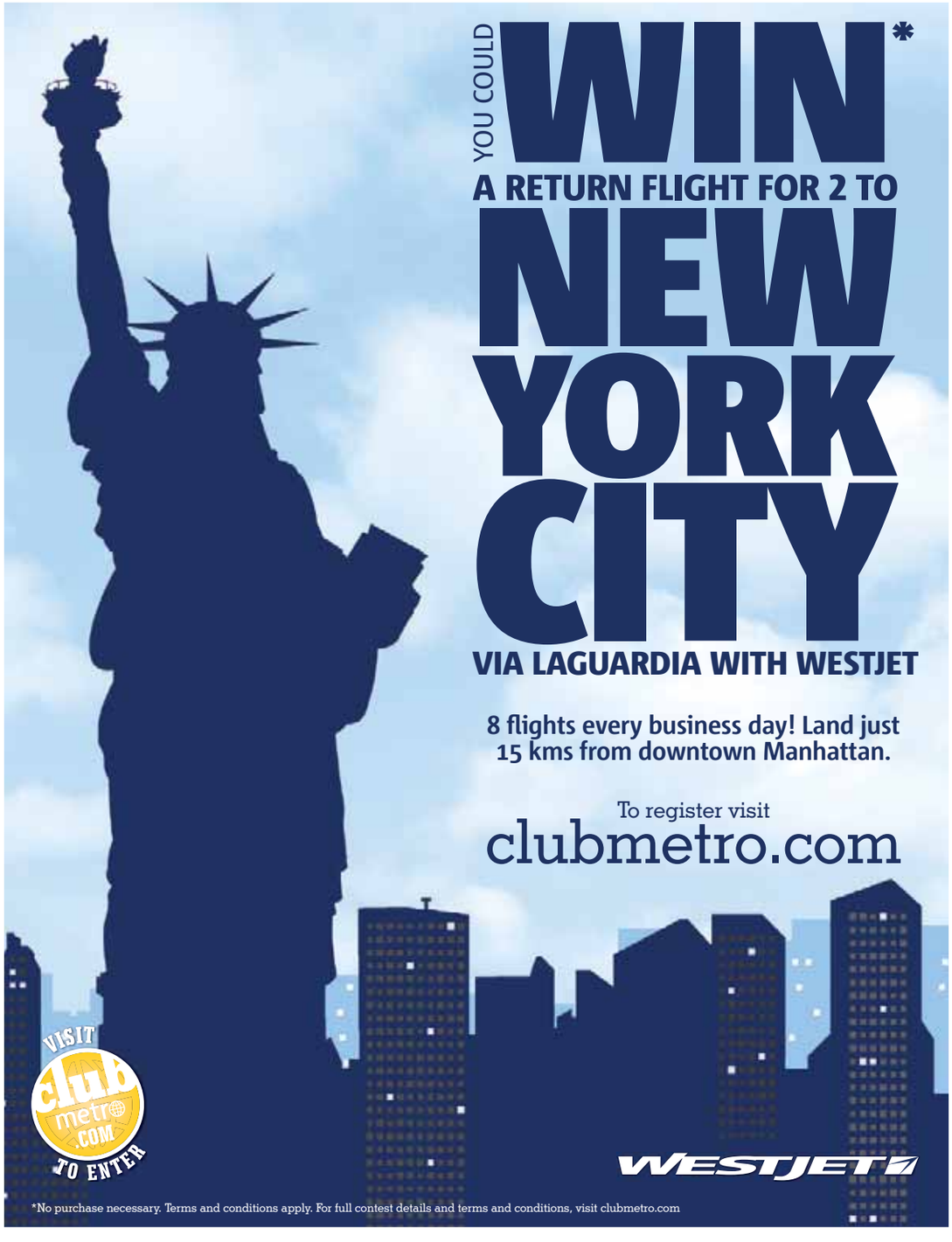
"I thought a lot about what it meant to be a woman in the '50s and '60s. All of us got a lot of fire inside us. What is it like to have that fire but have nothing to do with it? You can't just sit around watching Edge of Night all day long, make a sandwich, have a beer, tiptoe with the next-door neighbour," Winfrey explains. "This gave me the opportunity to show the women of that era. Gloria, for me, is not just herself but a composite of the women of the era, who sacrificed herself to become the stabilizing force of her family."

In terms of race relations today, Winfrey doesn't feel like she has a side she shows white — or black — audiences.

"I feel I have made a living being myself. I've made a career out of my own authenticity. I don't have one face I present to the white world or to the black world. I talk to my dogs the same way I'm speaking right now."

But she understands that her being able to feel that way was heard-earned, by others.

"I am the daughter of a maid, and my grandmother was a maid, and her mother was a maid, and her mother was a slave," she says. "I feel validated by the war that the butler and his entire generation fought in their own way. And the fact that there's another generation of freedom writers and freedom fighters that, because of evolution and growth and change, decided they weren't going to do that anymore. Both wars were necessary for their times."


YOU COULD
WIN*
A RETURN FLIGHT FOR 2 TO
NEW YORK CITY
VIA LAGUARDIA WITH WESTJET
8 flights every business day! Land just 15 kms from downtown Manhattan.
To register visit
clubmetro.com
VISIT clubmetro.com TO ENTER
WESTJET
*No purchase necessary. Terms and conditions apply. For full contest details and terms and conditions, visit clubmetro.com

Oprah Winfrey as Gloria Gaines and Forest Whitaker as Cecil Gaines star in The Butler. ANNE MARIE FOX/THE ASSOCIATED PRESS

Overtime with Winfrey

A few extra comments from Oprah Winfrey

- **On her notoriety.** "Contrary to what everyone assumes about me, I'm really not a control freak. I like to hire someone who knows what they're doing so I don't (have) to do it. Then they come back to me and tell me it's done. That's how I like to operate."
- **On her director.** "What is exciting about him and why we love him is he is a truth seeker. He will not let any of his actors get away with a single breath that's a false moment. I can testify to that."

Twilight author. Meyer likes getting hands dirty as Austenland producer

Executive producer Stephenie Meyer, left, director Jerusha Hess and writer Shannon Hale at the Austenland premiere. TODD WILLIAMSON/THE ASSOCIATED PRESS

When Stephenie Meyer's name is mentioned, most people think of her Twilight Saga vampire books and films. But the author wants a new audience as a film producer.

Meyer produced Austenland, starring Keri Russell and based on the novel by Meyer's friend Shannon Hale. The film, directed by Jerusha Hess, opens in limited release Friday.

Although Meyer was a producer for The Twilight Saga-Breaking Dawn films and the movie adaptation of her novel The Host, this is the first time she's produced someone else's work. She said in a recent interview that she got to be "a little bit more hands-on, a little more dirty" with producing duties.

Austenland is a romantic comedy about a single 30-something woman (Russell) obsessed with Jane Austen novels who spends her life savings to visit a British Jane Austen theme park.

"We made a lot of mistakes and we learned a lot more because we are allowed to make mistakes," Meyer said of her Austenland crew, adding that she was "surprised that it all worked out so well."

Meyer said she enjoyed the "collaboration" and "socialization" of producing and found a "different kind of creative outlet."

THE ASSOCIATED PRESS

Books into movies

Meyer has optioned the books Down a Dark Hall and Anna Dressed in Blood for film.

- **Certainly not for the money.** She said it's a coincidence that she's turning back to the supernatural world with the two young adult ghost stories.

Meth addiction has been good for tourism

Walter's legacy. The backdrop for Breaking Bad, Albuquerque, has made bank on the popular AMC show

A license to print money. RUSSELL CONTRERAS/THE ASSOCIATED PRESS

It's been five years of meth addicts, deadly shootings, violent drug traffickers and hidden secrets of the desert.

And throughout the filming of AMC hit television series Breaking Bad in Albuquerque, interest in this Southwestern city from tourists has grown and local businesses have sought to cash in. A doughnut shop sells treats laced with blue "meth" toppings, for example, while a bike rental business gives tours of characters' favourite spots.

But now that Breaking Bad is returning for its final episodes, Albuquerque shops and tourist attractions are trying to take advantage of the popular show's last moments before the series fades from memory.

The city's visitors' bureau hosted a watch party Sunday for the premiere of the last season's first episode, drawing more than 450 fans. Stores held specials to sell Breaking Bad memorabilia.

There was even a Breaking Bad marathon at Immaculate Conception Catholic Church in Albuquerque, followed by mass, then its own watch party for the last season's premiere.

"It's been great for us," said Debbie Ball, owner of The Candy Lady store, who sells blue Breaking Bad meth treats and offers limousine tours of scenes from the series. "People are always coming in and asking about Breaking Bad. I hate to see it end but I also can't wait to see how it ends."

Breaking Bad, which was filmed largely in Albuquerque, follows former high school teacher Walter White, played by Bryan Cranston, producing and selling methamphetamine with a former student, Jesse Pinkman, played by Aaron Paul. The show, with its dark themes and addictive storyline, often features different parts of the city from a regular car wash to well-known local restaurants.

THE ASSOCIATED PRESS

Tourism

"I hate to see it end but I also can't wait to see how it ends."

Debbie Ball
Owner of The Candy Lady store in Albuquerque, which has benefitted from Breaking Bad's setting

Career Finder

FLIGHT CENTRE
The Airfare Experts

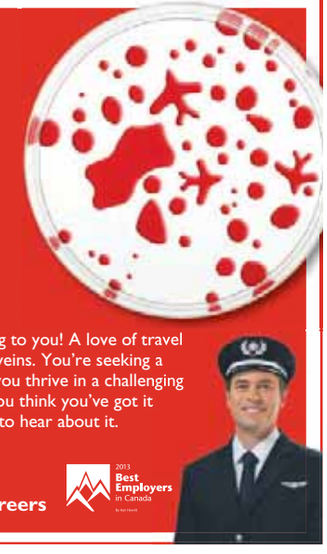
Is travel in your blood?

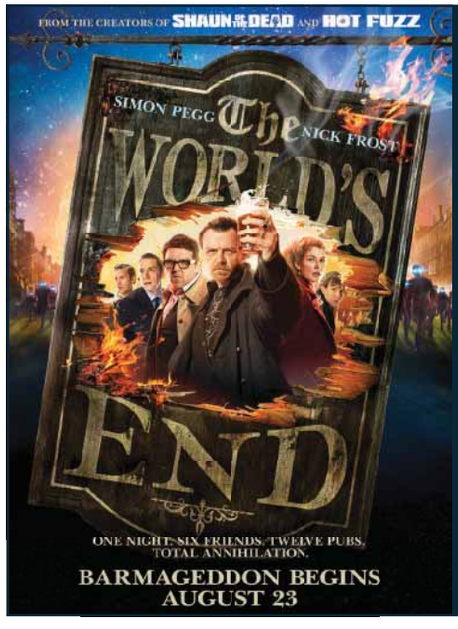
You know we're talking to you! A love of travel courses through your veins. You're seeking a rewarding career and you thrive in a challenging sales environment. If you think you've got it in you, then we'd love to hear about it.

Apply online today!

flightcentre.ca/careers

2013 Best Employers in Canada




FROM THE CREATORS OF SHAUN OF THE DEAD AND HOT FUZZ
SIMON PEGG
NICK FROST
THE WORLD'S END
ONE NIGHT. SIX FRIENDS. TWELVE PUBS. TOTAL ANNIHILATION.
BARMAGEDDON BEGINS AUGUST 23

You could WIN advance screening passes to see THE WORLD'S END

VISIT clubmetro.com TO ENTER

eone entertainmentone

No purchase necessary. Terms & conditions apply. For full contest details and conditions, visit clubmetro.com

COME EXPLORE TORONTO'S LARGEST CHINATOWN

EVERY SATURDAY
FROM JULY 6TH - AUGUST 17TH
1PM - 10PM
DUNDAS ST WEST AND HURON ST

TORONTO CHINATOWN SUMMER MARKET
多倫多中區華埠夏日週六市場

NORTHERN LEGS SOUTHERN FISTS TEAM
DRAGON AND LION DANCES
EVERY SATURDAY 1PM AND 7PM

- CHINESE CULTURAL DISPLAYS
- FORTUNE TELLING
- FREE LUCKY DRAW
- LIVE ENTERTAINMENT
- STREET FOOD

FOR DETAILS PLEASE CALL/VISIT:
TEL: 416 - 260 - 9800 / 647 - 782 - 8900
WWW.CHINATOWNTCSM.COM

HOSTED BY: CHINATOWN BIA

CNE
OPENS TOMORROW!
BUY BEFORE AUGUST 16 & SAVE!
Hot & Fresh pizza pizza
Available exclusively at: participating Pizza Pizza restaurants*, all GO Transit Stations or at THEEX.com
1
2
3
$8 AT THE GATE OPENING DAY SPECIAL!
Fri Aug 16 ONLY
Offer ONLY available onsite at CNE gates
ALL EVENTS FREE WITH ADMISSION!†
1 PC Financial ZIP LINE
Opening Day Special!
Daily
2 The Proclaimers
Fri Aug 16
3 Mark McEwan
Top Chef Canada
Fri Aug 16
CANADIAN NATIONAL EXHIBITION
AUG 16 TO SEPT 2 | 2013
LET'S GO TO THE EX! THEEX.COM
Info Line: 416.263.3330
† Does not include rides and ZIP LINE. All programs subject to change. FOOD NETWORK is a trademark of Television FOOD G.P.; used with permission
*Walk-in Only.

'Visionary' Blomkamp knows the effect of a visual success

Elysium. District 9 director's latest project had double the budget and was equally stunning — welcome to the unfair future

District 9 star Sharlto Copley, left, and the movie's director Neill Blomkamp on the set of Elysium. COLUMBIA PICTURES/TRISTAR

For anyone who saw Neill Blomkamp's breakout film District 9, it's no surprise his follow-up Elysium is chock-full of elaborate flying machines, futuristic weaponry and an assortment of bizarre robots.

Most of the effects were handled by Vancouver-based Image Engine, which also worked with Blomkamp on District 9. Smaller, specific tasks were spun out to the Embassy, Moving Picture Company, Whisky-Tree and Method Studios, says Image Engine partner Shawn Walsh. "We have a good reputation for doing visual effects work which is seamless," says Walsh. "We would talk a lot with Neill about trying to unsci-fi our work and he was very conscientious about consistently reminding us that we're not trying to create something that is openly acknowledged as science fiction."

Blomkamp's latest vision, which boasts a budget roughly three times that of the $30-million District 9, stars Matt Damon as an ex-con battling his way to an idyllic space station reserved for the world's richest.

"He's a very talented filmmaker, the kind of filmmaker that I think, appropriately, deserves the description of visionary," Walsh says of the South African-bred director, now based in Vancouver.

For those who haven't seen Elysium and want the effects to be a surprise, stop reading now — although there's plenty more than what's outlined below. Now learn how some of the wild images came together:

1. Elysium
The film takes its name from an orbiting paradise that offers sanctuary from a polluted, disease-ridden Earth in the year 2154. Walsh says Blomkamp consulted scientific experts to come up with a plausible space habitat. "We approached it very much like an engineering or design firm — we approached it by breaking it up into its component parts and designing each and every one of those independently," he says of the fictional super-structure, which he described as "a bicycle wheel in space."

2. The droids
Image Engine was in charge of an array of robots, known here as droids, that fulfil several tasks on Earth and Elysium ranging from food service to health care to policing. Anytime you see a droid moving "it's 100 per cent computer-generated," says Walsh. This was achieved by filming an actor in a grey suit performing the scene first.

3. The City of Los Angeles.
"It's in this slow, grinding, sand-paper like decline," Walsh says of the city's imagined future, laid bare in a fly-over shot provided by Industrial Light & Magic. Squalid shanty towns that dot the landscape are actual slums on the outskirts of Mexico City, says Walsh, while dilapidated skyscrapers are inspired by actual L.A. city plans.

THE CANADIAN PRESS

BioPharma Services Inc.
Are you a healthy, non-smoking male or female 18 years of age or older?
• Free of daily medications?
If so, you may be eligible for our upcoming clinical research studies.
• We conduct weekday as well as weekend studies.
• Compensation may range from $900 to $2650 depending on the length of the study.
CALL: 416-747-5246
TOLL FREE: 1-866-747-5246
Mon to Fri 8-6
www.biopharmaservices.ca

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

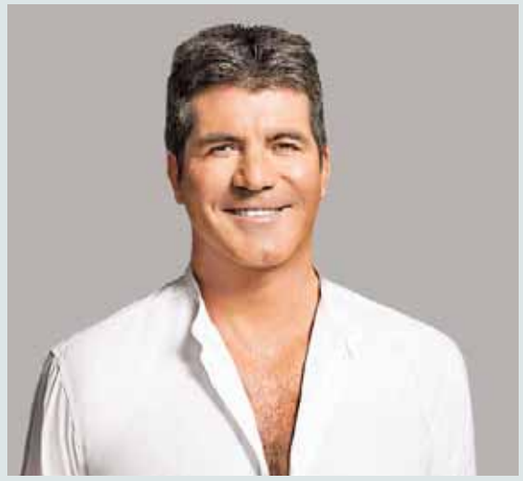
Angelina Jolie and Jennifer Aniston METRO PHOTO ILLUSTRATION

Once feuding stars avoid 11 hours of first class airline awkwardness

Angelina Jolie and Jennifer Aniston nearly had 11 hours of awkward silences as they were both booked in the first class section of a British Airways flight from L.A. to London Sunday, but Aniston reportedly moved her flight to the next day at the last minute, according to Us Weekly.

"Whether it was because Angelina was on the Sunday flight, we don't really know, but she did change it," a source at the airline says. "The airline has VIP greeters who do chat about this sort of thing and may have informed each other of the (Aniston-Jolie) conflict, but nobody can say for sure."

The Word



Three big red Xs for Cowell after Electra breakup

While Lauren Silverman's reported pregnancy is making Simon Cowell's life more complicated, it's not the first time his involvement with Silverman has made waves in the X Factor boss' personal life.

Cowell's dalliances with Silverman reportedly put an end to his fledgling "hot and heavy" romance with Carmen Electra, according to E! News. "Carmen was at Simon's house in L.A. when she literally busted him with Lauren," a source says.

"Simon called her a friend, but there was nothing platonic about what was going on, if you know what I mean."

According to the source, Electra quickly called off her relations with Cowell. "There was no way she was going to stick around and be a third wheel," the source says.

Twitter

@rosemcgowan
Going through my contact list is like a quick trip through bad times

@SethMacFarlane
Oh cool, a new superhero movie. That is refreshing indeed.

@solangeknowles
Where does one dance at this hour in this big apple?

Jennifer Garner ALL PHOTOS GETTY IMAGES

Garner joins privacy fight for celeb kids everywhere

Jennifer Garner is joining Halle Berry in pushing for a California bill to make it illegal for paparazzi to photograph their children. "I chose a public life. My three children are private citizens," Garner said while testifying before the California State Assembly Committee on Public Safety in support of the proposed anti-paparazzi bill, according to E! News. "I love my kids. They're beautiful and sweet and innocent, and I don't want a gang of shouting, arguing, lawbreaking photographers who camp out everywhere we are all day, every day, to continue traumatizing my kids."

buy beauty AND GET REWARDED
20x faster
SATURDAY, AUGUST 17 TO FRIDAY, AUGUST 23
20x THE SHOPPERS OPTIMUM POINTS®
WHEN YOU SPEND $75 OR MORE* ON COSMETICS OR FRAGRANCES.
FREE feels good
Optimum
Includes All Brands of:
COSMETICS • SELECT SKIN CARE • HOSIERY • FRAGRANCES
JEWELLERY • HAIR COLOUR • BATH FOAM & GEL • NAIL CARE
SHOPPERS DRUG MART
*Offer valid on the purchase total of eligible products using a valid Shoppers Optimum Card® after discounts and redemptions and before taxes. Excludes bonus points and RBC® Shoppers Optimum® MasterCard® points and points associated with the RBC® Shoppers Optimum Banking Account. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers. See cosmetician for details.

BACK TO SCHOOL

Thursday, August 15, 2013

Model good reading habits for your children and continue reading to your kids even after they can read on their own. JACK HOLLINGSWORTH/PHOTODISC/THINKSTOCK

The early bookworm gets the grades

MICHELLE WILLIAMS
For Metro

Not every child is a born reader, but there are ways to encourage your child to become a good reader.

Start by letting them read what they enjoy.

"Your child will be most engaged when you discover reading materials that interest them," said Halton District School Board elementary school teacher Kevin Foster. "It doesn't have to be standard reading material. Comic books, graphic novels and magazines all have great text features that tie in to the visuals for easier comprehension."

Head to the library or bookstore together and discover subjects they enjoy reading about, then be sure to have those books or reading materials on hand.

Be sure that the level is appropriate by previewing what they read.

Easier comprehension

"It doesn't have to be standard reading material. Comic books, graphic novels and magazines all have great text features that tie in to the visuals for easier comprehension."

Kevin Foster, Halton District School Board elementary school teacher

"If it's too difficult, kids get frustrated and disengage," Foster said.

He suggests the "five-finger rule" — if there are more than five words your child is struggling with on the page, then the book may be too difficult for them.

Think outside the printed page.

"Kids who are spending time on a computer are often getting in lots of reading online," Foster said. "There are all sorts of cool websites that will engage young readers."

You can also take it outside — read things together like menus, road signs and licence plates.

"Let kids experience reading in many different ways and settings."

Model good reading habits for your children. Read a lot yourself and continue reading to your kids even after they can read on their own.

"It's important to demonstrate great fluency, intonation and expression so they see that reading is more than decoding words," Foster said.

Remember to stop and ask questions.

"It's a great way to make deeper connections with their past experiences and to check their comprehension."

Finally, set aside some quiet time for reading to foster independence, as well as reading skills.

BACK TO SCHOOL BARGAINS

SAVE $5 on your purchase of $20 or more*

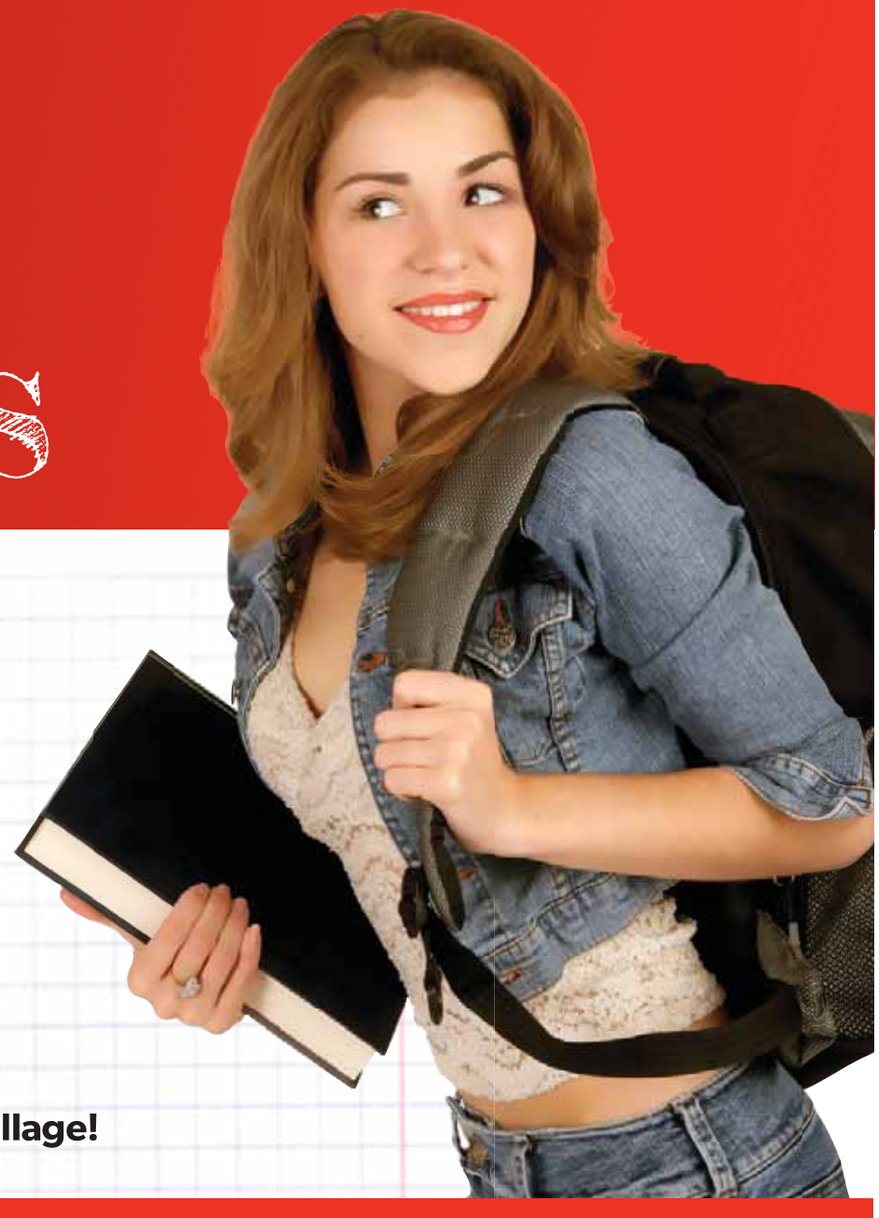
Offer valid thru August 31, 2013. Offer not valid on sale day, Monday, August 26, 2013.

*Please present coupon prior to purchase. Not valid at grand openings, on sale days or with any other coupon or discount. No cash back. No cash value. Not valid on new merchandise (red tags). One coupon per person, per day. Coupon value forfeited if item is returned.

4 99000 00501 4

ValueVillage
Good deeds. Great deals.
www.valuevillage.com

BACK TO SCHOOL BARGAINS



in store now!

Value Village has everything you need to head back to school in style!

Quality used jeans, sweaters, jackets and shoes! Find hot labels such as Levis and Gap! Plus Value Village has kitchen supplies and bedding for dorm rooms, bags and backpacks, notebooks and more! Everything marked at amazing low prices!

Chalk up big savings this Fall at Value Village!

When they outgrow it, donate it at Value Village! We pay local nonprofits every time you donate!

21 Toronto area locations:

Open Mon. - Sat. 9am - 9pm, Sun. 10am - 6pm

Find a location near you at **valuevillage.com**

Fall into Big Savings!
50% off clothing, shoes, accessories, bed & bath
Mon., Aug. 26, 2013
9am - 9pm

JOIN THE CLUB
www.supersaversclubcard.com

ValueVillage
Good deeds. Great deals.

A few notes about music

Studies have shown that music helps children perform better in math and their language development is enhanced. TOP PHOTO GROUP/THINKSTOCK

Music has been proven to boost school performance

MICHELLE WILLIAMS
For Metro

Whether kids are listening, playing or singing, all experts agree that music is a valuable component of a child's education.

"Music helps children learn in so many ways," said Lena Palermo, a music teacher with the Toronto Catholic District School Board and director of Star Potential Studios, a children's musical theatre company. "Music has been proven to boost how kids perform in school."

Studies have shown that music has a powerful effect on a child's achievement — they perform better in math, their language development is enhanced, and they score higher on IQ tests.

Form of self-expression

"Music can be improvised, like art, so it can be a child's own form of self-expression and creativity."

Lena Palermo, a music teacher with the Toronto Catholic District School Board

Music has many other benefits for children.

"It gives kids a sense of identity, especially when they're part of a group," Palermo said. "There's team work involved in making the right sound, so music in this sense provides a sense of inclusion, helps build social skills, friendships and confidence. And when you focus on music, you leave everything else at the door. You're welcomed into that different space, so it's a great stress reliever."

The breathing techniques you learn when you sing or play an instrument are also ideal for relieving stress and enhancing posture.

Creatively, music is a perfect way for kids to express themselves.

"Music can be improvised, like art, so it can be a child's own form of self-expression and creativity," Palermo said.

Learning to play an instrument also teaches children about patience.

"Our kids are so used to immediate gratification. Playing an instrument requires a lot of repetition and work, time and practice, so patience and persistence are natural outcomes of learning music."

What can parents do to foster a love of music and encourage kids to become more musical?

"Students learn some musical basics in school; once they know how to read notes, it's easier for them to learn an instrument," Palermo said.

There are community programs to teach kids the basics of instruments like piano and guitar.

The popularity of TV singing competitions and the TV show Glee has also promoted an interest in singing, choirs and glee clubs.

Call a local music school or check online for opportunities in your neighbourhood for musical theatre groups, classes and camps.

Building friendships

It's not always easy to make new friends, more so if your child is moving to a new school. When should parents worry about how their children are managing socially at school?

Kathy Lynn, a parenting expert, speaker and author of Parenting Today, suggests that a good strategy when switching schools or helping kids forge new friendships is to get them involved in activities, sports or clubs that they are interested in at school.

"It's a great way for kids to break in and find friends who are like-minded and have similar interests."

Initially, assume children are managing well unless there are warning signs.

"If your child isn't talking about other kids, seems to always be alone or is having trouble sleeping, then have a talk," Lynn said.

One way to help your child is role playing. Show your child how to approach another child or group and ask if it's OK to join in.

"Kids don't pick up the social cues when someone wants to join in, so it's important to teach your child to seek out friendships — and perhaps notice others who are looking to make new friends."

It's also essential to welcome kids into your home.

"Make your house the place where other kids want to come and play, have snacks, make noise and a mess," Lynn said.

Finally, don't worry if your child doesn't have a big group of friends.

"Some kids are happy with one or two close friends, and it's important to honour their personalities and let them be who they are."

MICHELLE WILLIAMS

Help kids forge new friendships by getting them involved in activities, sports or clubs that they are interested in at school. ISTOCKPHOTO/THINKSTOCK

SAVE UP TO $50 ON SELECT PHONES*

MOBILE Bell TELUS Virgin mobile ROGERS fido koodo mobile

PC® mobile LG Optimus L5 ~~$149.00~~ Now $99.00
Virgin BlackBerry Curve 9320 ~~$149.99~~ Now $139.99
Rogers Nokia Lumia 520 ~~$149.99~~ Now $119.99
Koodo Samsung Galaxy Discover ~~$100.00~~ Now $80.00

Visit www.prepaidcellphonesexpress.ca to find a store near you.

EXPRESS
PREPAID CELL PHONES
Where President's Choice® products are sold.

PLUS receive an additional $10 off the Rogers Nokia Lumia 520 with this ad (exclusive to Metro News)

4 10004 22525 3

*Offer expires September 4, 2013. Phone availability varies by store while quantities last. All prices shown exclude applicable taxes. ®PC and President's Choice are registered trademarks of Loblaws Inc. Services provided by Bell Mobility, a licensee of the trademarks. PC mobile is a division of Loblaws Inc. All other trademarks are property of their respective owners. All rights reserved. Prepaid Cell Phones Express has updated its location, visit www.prepaidcellphonesexpress.ca to find a store near you.

WALK. RUN. PROWL.
WHATEVER.
Ace Back-To-School shopping
when you Gear up in PUMA.
PUMA
THE PUMA® STORE
VISIT OUR GREATER TORONTO AREA LOCATIONS TODAY AT:
Toronto Premium Outlets
Suite # 839 - 13850 Steeles Ave, Halton Hills
Heartland Mall
6075 Mavis Road, Mississauga
Coming Soon - Dixie Outlet Mall
1250 S Service Rd, Mississauga

ASUS recommends Windows 8.

OUT WITH THE OLD SCHOOL, IN WITH THE NEW

Start next semester with the ultra-light touchscreen ASUS VivoBook.

asus.com

intel inside CORE i7 Ultrabook Inspired by Intel

ASUS

Intel® Core™ i7 Processor. Ultrabook.™ Inspired by Intel.

© 2013 ASUS Computer International. All Rights Reserved. ASUS is a registered trademark of ASUSTeK Computer. Select ASUS VivoBook models comply with Intel® Ultrabook™ specifications. Intel, the Intel Logo, Intel Inside, Intel Core, Ultrabook, and Core Inside are trademarks of Intel Corporation in the U.S. and/or other countries.

Pack your books in style

MICHELLE WILLIAMS
For Metro

Mountain Equipment Co-op MEC Book Bag, top, $42, Littlelife Adventurer Daysack, left, $31, both available at mec.ca.

Backpacks are an integral part of going back to school. The students in your family will look forward to walking the halls with one of these new backpacks that are functional as well as good looking.

Mountain Equipment Co-op MEC Book Bag is colourful and great looking, perfect for your dazzling student. Plus, it's super sturdy to last and comes in a great range of colours. ($42, mec.ca).

New Balance Performance Backpack is strong and versatile, with cushioned shoulder straps, a shoe tunnel, tons of storage and room for your laptop. ($69.99, futureshop.ca).

Roxy Junior Fresh Press Backpack lets girls show off their fresh style and rocks interior organization, making it perfect for carrying books and more. ($44, sportinglife.ca).

Littlelife Adventurer Daysack is perfect for younger students. It comes with a 40-page drawing pad and a clear front pocket for showcasing artwork. ($31, mec.ca).

Dabbawalla Monkey Backpack is sized and designed for preschoolers, just right for carrying lunch and gear to school, day trips and overnight adventures. ($45, sportinglife.ca).

Puma Laptop Backpack keeps your laptop or tablet safe as you travel with a fleece-lined sleeve, EVA-structured padding to absorb shock and a polycarbonate shell. ($119.99, futureshop.ca).

Herschel Pop Quiz Camo Backpack is cool for boys with plenty of organizers, sturdy design and fleece-lined pockets for a laptop or tablet and sunglasses. ($69.99, sportinglife.ca).

The North Face Serge II in four colours has all the bells and whistles, including moulded and padded shoulder straps, back support, laptop compartment, tablet sleeve, organization compartments and more. ($139.99, sportinglife.ca).

High-tech back-to-school tools

Kobo Glo is the perfect way to help kids celebrate the love of reading. Just for reading, it's classroom friendly, $129.99, available at kobo.com.

Toshiba Excite Pure is excellent for reading, browsing, social networks and entertainment. The pre-installed ThinkFree app allows students to access and edit MS Word, Power Point and Excel, $349.99, available at toshiba.ca.

How to makeup for your masculine ensemble

If you're slipping into a tweed blazer, an oversized cardigan or a sleek women's tux this fall, the right beauty look is the perfect accessory to complete your menswear-inspired outfit.

The choice is yours to do a 180-degree turn and go with hyper-girlie, or stay strictly tomboy. Either can complement the more masculine clothing silhouettes.

Makeup with menswear is a little more important than other styles because with a neutral, muted palette of greys, blacks and browns, "you want to have a little life to your face, a little health and vigour," says Linda Wells, Allure magazine's editor-in-chief.

When suiting up in this fall trend, women have choices for their beauty look, she says.

"Are you going to exaggerate the menswear look and play it up fully, or are you going to offset it with something feminine?" Wells says.

To soften menswear staples like grey flannel and houndstooth, which are so often fashioned into tailored items, add femininity by playing up the eyes or lips, experts advise, but not both at the same time so your features don't compete.

"You want to add feminine flair throughout the face if you can't have it on the body through the clothing," says Myiesha Sewell, a Sephora Pro makeup artist.

For a ladylike touch, Wells envisions soft hair with a little wave to it falling over the forehead along with a rich burgundy lipstick, or dark, smoky eyes featuring grey eye shadow, eyeliner and lots of mascara. "Who doesn't want to be a femme fatale?" she says of the "sexy androgyny" combination of feminine makeup and menswear.

THE ASSOCIATED PRESS

Talk to the T: Say it loud, say it stylish with a graphic shirt

Stay on top of this fashion craze. Comics, creatures and credos are covering your fave back-to-school staple this fall

The T-shirt and graphic shirts are one of fashion's most basic items, but even with today's popular slim cuts, there's wiggle room to change up the style. That can be pretty important to the kids and teenagers who practically live in them but like to feel that they have something new when they go back to school.

This year's news comes in next-generation graphics, old-school characters and witty or powerful phrases.

"The best and most memorable graphic Ts throughout the years are the ones that capture the pulse of that time," says Tana Ward, senior vice-president and chief merchandising officer for American Eagle.

Because of the price — and frequency of wear — T-shirt trends also can move quickly because they aren't intended as long-term investment pieces.

"This is an affordable fashion change," says Seventeen fashion director Gina Kelly.

"Graphics are really, really big in the teenage market, and so is nostalgia," Kelly says.

"At 16, a girl understands irony, and that makes it cool to do some things. You also have T-shirt companies borrowing from the runways like Givenchy, and that's where you'll see space prints, high-fashion prints — and photo-realism prints are definitely big, too."

It's all about image and messaging, which this generation is very comfortable with, she says. "It's about affirmation on your chest. You are making your statement, whether you are making fun of designers with a 'Celine as Celfie' shirt or saying you loved Hello Kitty when you were in kindergarten."

The heavily logoed look also is passé, says AE's Ward. "Today, our customer is focused on projecting a personal identity. ... Our girl is also much more aware of the artistic side of graphic design and how it adds texture and interest to her outfit."

All she needs is a circle mini skirt and a pair of printed jeans (two other popular back-to-school items this year), and she is good to go, says Kelly.

THE ASSOCIATED PRESS

Zip! Boom! Pow!

Betsy Zanjani of Forever 21 points to the comics craze — taking note of the pop culture phenomenon that Comic-Con has become — as one of the strongest influence on T-shirts.

- Forever 21 has opened in-store Marvel Comics shops as the retailer noted "an almost cult following of old-school comic strips and vintage action figures," she says. "Things that are vintage and retro are really strong in both our male and female businesses."

DIXIE
OUTLET MALL

Getting zipped up just got tougher.

Cram a back-to-school bag for a chance to win a Dixie Outlet Mall gift card.

#Cram4Dixie Aug. 23–25 & Aug. 30–Sept. 1

Winners Jean Machine Urban Planet Lids Levi's Outlet Costa Blanca Aeropostale Aldo Outlet

PARKHURST®

Visit us online
www.parkhurst.ca/blog
to find out about our
DAILY DEAL!

OUTLET SALE
Sweaters · Outerwear · Accessories

BLOW OUT PRICES

August 21st until August 31st, 2013

PARKHURST OUTLET STORE
22 Research Rd, Toronto, ON
(t) 416-421-3773 ext.165

Preview Days NO HST
August 21st & 22nd 10am-8pm
Regular Hours of Operation:
Monday to Friday 10am-6pm
Saturday 10am-5pm & Sunday 12pm-5pm

*selected styles available

NAOT SUMMER BLOW OUT SALE
Three days only
Friday August 16th until
Sunday August 18th
10 am - 5pm

NAOT
www.naot.ca

Step into Freedom!

NAOT OUTLET
142 Edilcan Drive
Concord L4K3S6
Ontario
905-738-3776

visit metronews.ca
metro

One-minute miracle

Hair saviour, time saver

Uniq One All in One Cleansing Balm $20, uniq-one.com

"Low-maintenance types will love that this hair balm can replace the cluster of hair products crowding your shower. Bonus: its keratin-enriched, sulfate-free formula means you can use it daily. The built-in cleanser and conditioner also work to volumize, smooth and strengthen strands, while preserving colour-treated hair. How efficient is that?" Ashley Kowalewski, TheKit.ca

FOR MORE FASHION AND BEAUTY NEWS YOU CAN USE, CATCH UP WITH THE KIT AT THEKIT.CA

Twitter

JEANNE SPACE
Jeanne Beker
life@metronews.ca

TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING. IT ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OR YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.

Home at last: My new man! Fresh from Lunenburg #NS Thanks to Ransford Naugler.

Yesterday carpets, today hair colour! Going richer for fall thanks to TO's best colorist Marina Loo #RapunzelHair

Trends Report

- Are you a fan of the Netflix series Orange is the New Black? For this week's Trends Report, I decided to see if orange can be the new black — without it looking like a prison jumpsuit. Go online to see my orange-theme fashion finds and judge for yourself.

metronews.ca/voices/trends-report

Follow Irene on Twitter at @MetroIreneK

STEP INTO FALL FASHION

FASHION
FALL STYLE GUIDE
OLIVIA WILDE
THE MUST-HAVE BEAUTY TOOL
THE LESBIAN FASHION DILEMMA
ARE YOU PUNK, BIKER, GOTH OR GRUNGE? TAKE OUR TEST

ON SALE NOW! GATEWAY NEWSTANDS

Holy easy to make guacamole!

ROSE REISMAN
For more, visit rosereisman.com or follow her on twitter @rosereisman

There is nothing more delicious than homemade guacamole.

The key is finding a ripe avocado for the delicate texture and flavour.

Store unripe avocados in a paper bag, but don't refrigerate them.

1. Combine the avocado, cilantro, tomatoes, mayonnaise, jalapeño, garlic, lemon juice, and salt and pepper in a small bowl.

2. Serve with crackers, crudités or as a garnish.

Guac facts

- **Prep.** This recipe takes only 10 minutes to put together.
- **Make ahead.** Make a couple of hours before serving. Too early and the avocado will brown.
- **Nutrition information per serving (1 tbsp/15 ml).** 19 calories, 0.17 g protein, 0.9 g carbohydrates, 0.5 g fibre, 1.8 g total fat, 0.3 saturated fat, 0 mg cholesterol, 45 mg sodium

Ingredients

- 1/2 cup mashed ripe avocado
- 2 tbsp chopped cilantro
- 1/3 cup finely diced tomatoes
- 1 tbsp light mayonnaise (50 % reduced)
- 1 tsp finely chopped jalapeno pepper (or 1/2 tsp/2 1/2 ml hot chili sauce)
- 1/2 tsp finely chopped garlic
- 2 tsp lemon or lime juice
- pinch of salt and pepper

This recipe makes 2/3 cup (160 ml). COURTESY ROSE REISMAN

For your phone

Chefs Feed (iPhone; free)

MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

Chefs will never forget a great meal prepared by someone else. This social network lets them share such discoveries, sorted by location and dish, for your taste buds to follow.

RECREATIONAL DRUG USERS NEEDED

Healthy men and women ages 18 to 55 who have experience with opioid drugs such as morphine, oxycodone, heroin or codeine are needed for a clinical research study.

Study consists of one enrollment visit, one 4-day in-clinic qualification session, seven 4-day in-clinic treatment periods, and a final examination visit. The time commitment for the study will be about 19 weeks.

Financial compensation up to $8530.

inc Research®

www.studies4u.com
416.640.4004 • 1.866.222.8063
720 King Street West, 7th Floor (north elevators)

What's behind the growing cost of new homes?

BRYAN TUCKEY
President and CEO of the Building Industry and Land Development Association (BILD) can be found at twitter.com/bildgta, facebook.com/bildgta, and bildblogs.ca.

Whether you are currently in the market for a new home, know someone who is making a purchase or just generally interested in the industry (which I assume you are, since you are reading my column) then you've no doubt participated in a discussion surrounding the growing cost of new homes in the GTA.

According to RealNet Canada, BILD's official source for new home market intelligence, the average cost of a high-rise home in the GTA is $430,216 as of June 30. While condominium pricing has been relatively stable over the past year, the average selling price for a high-rise home has increased by 61 per cent since 2005.

But what is the story behind these price increases?

Constrained land supply, stricter mortgage lending rules and rising government fees and charges have all contributed to the diminished affordability and choice that continue to challenge new home purchasers in the GTA.

With the introduction of the province's Places to Grow program and the Greenbelt Plan, our members were presented with strict restrictions on where and how future developments in the GTA would occur. The result was a heavy emphasis on intensification and constrained land supply for ground related housing.

Reduced supply and increased demand for new homes has resulted in a considerable increase in the price of new homes since implementation. Affordability took another hit in July 2012 with the introduction of new, stricter mortgage lending rules by the federal government. These new rules made it more difficult for homebuyers to pay off their loans and severely reduced consumer confidence, resulting in a dramatic decline of sales immediately following its implementation.

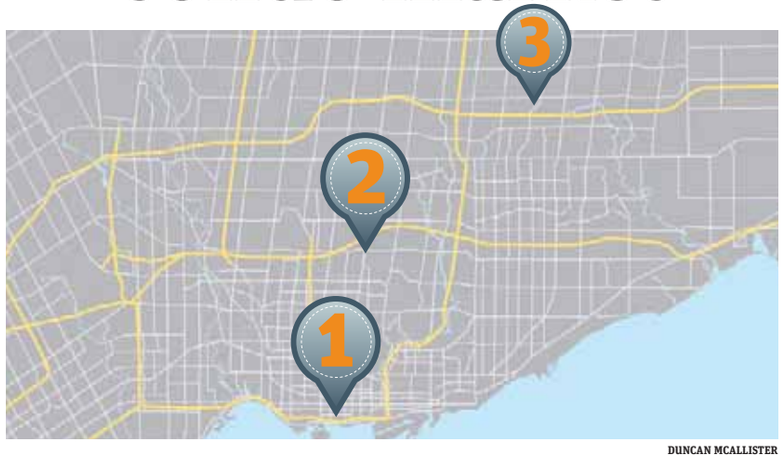
Last, but most certainly not least, government fees and charges make up a considerable portion of the cost of a new home and are paid by new home purchasers. For a new high-rise condominium, these charges can add up to more than $64,000 — just below 20 per cent of the total cost.

The most significant of these are development charges, which have grown as much as 357 per cent in the last decade in some municipalities. Some have called it a tax on new homes, and these taxes are still on the rise.

WIN! OVER $9,000 IN PRIZES

Available at GATEWAY NEWSTANDS

What's hot on the condo market



DUNCAN MCALLISTER

1. Fort York

Cityfest: Toronto's newest urban festival at Concord CityPlace condos. Head over to Canoe Landing Park, 95 Fort York Blvd. Aug. 17 from 1 to 9 p.m. Admission is free.

CONTACT: @CITYFESTTORONTO ON TWITTER OR VISIT CITYFEST.CA

2. Yonge/Sheppard

Open House: New condos near Yonge and Sheppard. Several suites available for viewing. Visit 701 Sheppard Ave. W., on Aug. 15 from 12 to 6 p.m.

CONTACT: CALL 416-461-9900 FOR MORE INFO

3. Unionville

VIP Preview: Tribute Communities' Varley condominium residences. Aug. 17 from 11 a.m. to 5 p.m. Visit the new Varley condo presentation centre at 20 Fred Varley Dr. in Unionville.

CONTACT: CALL 416-243-8688 OR VISIT TRIBUTECOMMUNITIES.COM TO REGISTER

OPEN HOUSE!
NEW Luxury Condo Rentals Scarborough
This Saturday 2pm - 4pm
181 Village Green Square Suite 314 - Tridel Built Ventus - Kennedy and HWY 401

DEL CONDOMINIUM RENTALS

To the south of Ventus is the Kennedy Commons shopping centre and the Scarborough Town Centre is just to the east. Easy access to DVP and HWY 401.

Visit: www.delrentals.com
Call: 647-522-3435

Ikea's upscale collection a winner

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Every three years mass market furnishings retailer, Ikea, introduces a much anticipated upscale collection of furnishing and home accessories.

This year, the coveted Stockholm Collection is introduced in limited quantities to the 325 stores in 40 countries around the world, bringing high-design at still very affordable prices.

With trends emerging like walnut wood furnishing, Kelly green and citrus yellow colours, it looks like this special collection will be on-trend for a long time.

Look for this special (and very well-priced) quality collection in the five million Ikea catalogues delivered this week to homes across Canada or in your local store. Here's a sneak peek and a few of my favourites:

Living room

Medium walnut wood tones and pops of yellow and green are on trend in the Stockholm Collection, introduced every three years at Ikea.

Rug

Take the three most favourite trend colours (grey, brown and green) and blend them together to incorporate past, current and future trend colours onto the floor.

Stockholm Striped Wool Rug, $299

Mirror

Illusions of depth give you varied perspective when looking through the angled walnut frame.

Stockholm Mirror 80, $99.

Table

The big family table is back! Eight feet of Canadian walnut takes mid-century modern good looks into the future.

Stockholm Dining Table, $699.

Vase

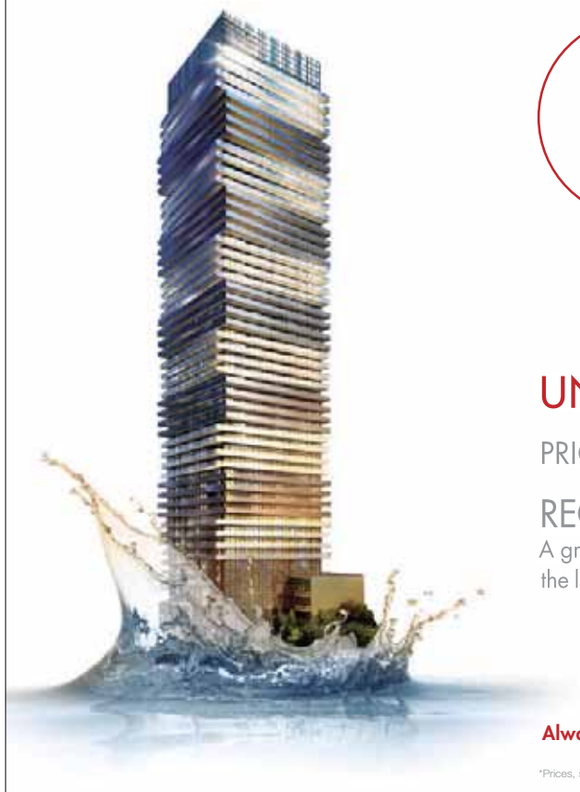
Colourful blown glass to wake up your tables; three down the centre of a table would have real impact. Just add flowers!

Stockholm Vase 20, $49.99.

Chair

At the table or in a corner; solid & comfortable in this year's best colour (also available in natural walnut).

Stockholm Chair Green, $149.



LAGO™
AT THE WATERFRONT

NOW RISING.

UNDER CONSTRUCTION.

PRICES STARTING FROM $199,990*

RECEIVE UP TO $50,000 OFF*

A great selection of suites still available. Immerse yourself in the luxury of one of Etobicoke's final urban waterfront settings.

SALES CENTRE
2167 Lake Shore Blvd. West
Etobicoke, ON
Mon. – Thurs. 12pm – 6pm
Weekends & Holidays 12pm – 5pm
Closed Fridays 416.495.3544

Always home. | MONARCHGROUP.NET

BIDDINGTON Monarch

*Prices, specifications and promotions are subject to change without notice. Renderings are artist's concept and images are for mood and impression only. E.&O.E. August 2013. 21993.

WagJag.com

Proudly Canadian

Sign up Online

AND START SAVING, TODAY!

Buy Online:

53% off **$20**

TWO 20-MINUTE GO-KART RIDES FROM **GO-KARTS @ POLSON PIER**

Buy Online:

40% off **$180**

A HOT AIR BALLOON RIDE FROM **SKYWARD BALLOONS** (2 OPTIONS)

Buy Online:

50% off **$18**

A DAY PASS TO **WILD WATER KINGDOM** WATER PARK

Buy Online:

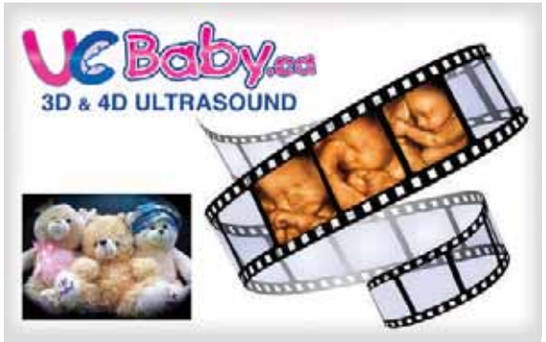
42% off **$29**

ADMISSION TO **SANTA'S VILLAGE** INCLUDING TICKETS FOR **SPORTSLAND** ATTRACTIONS (2 OPTIONS)

Buy Online:

40% off **$18**

EARLY OR LATE GENERAL ADMISSION TO **TORONTO OKTOBERFEST** ON FRIDAY, SEPTEMBER 27TH (2 OPTIONS)



Buy Online:

51% off **$64**

15-MINUTE 3D ULTRASOUND VIEWING SESSION OR GENDER DETERMINATION, A 4X6 IN. COLOUR PRINT AND MORE FROM **UC BABY** (2 OPTIONS)

Follow us: @wagjag facebook.com/wagjag

Don't miss these, and other great deals!

Visit WagJag.com

Tennis

Raonic advances in Cincinnati

Milos Raonic advanced to the third round of the Western & Southern Open on the same day fellow Canadians Vasek Pospisil and Eugenie Bouchard were knocked out.

The 12th-seeded Raonic beat Janko Tipsarevic in straight sets, 6-4, 7-6 (4) on Wednesday.

"It was a pretty clean match," Raonic said.

THE CANADIAN PRESS

NFL

Brady day to day after practice spill

A person familiar with the injury says Patriots quarterback Tom Brady sprained his left knee in a practice Wednesday and his return is day to day.

An MRI on the knee was negative, said the person, who spoke on condition of anonymity because the team hadn't made an announcement.

Left tackle Nate Solder was pushed into Brady.

THE ASSOCIATED PRESS

NFL

Canadian LB inks deal with Bills

Canadian linebacker Jamaal Westerman signed with the Buffalo Bills on Wednesday.

Westerman, who grew up in Brampton has appeared in 45 career NFL games — three starts — with the New York Jets, Arizona Cardinals and Indianapolis Colts.

Westerman, 28, entered the NFL as an undrafted free agent. THE CANADIAN PRESS

The Blue Jays' Kevin Pillar, who was called up after the team traded Emilio Bonifacio, makes a diving catch off a ball hit by Jonny Gomes as he makes his major-league debut against the Red Sox at Rogers Centre on Wednesday. The Jays won 4-3 in the 10th inning. NATHAN DENETTE/THE CANADIAN PRESS

Blue Jays bid bon voyage to Bonifacio

MLB. GM Anthopoulos manager Gibbons agree on dealing inconsistent new recruit

The Toronto Blue Jays made a splash last off-season when they acquired Jose Reyes, Mark Buehrle, John Buck, Emilio Bonifacio and Josh Johnson from the Miami Marlins.

That trade didn't get the expected results for Toronto, and general manager Alex Anthopoulos is moving the team in a different direction.

Bonifacio was traded by the Blue Jays on Wednesday to the Kansas City Royals for a player to be named later or cash, while Johnson will have an MRI to see how long it will take for him to recover from a strained right forearm.

"Clearly they haven't played and performed the way we expected them to when we acquired them, there's no doubt about that at all," Anthopoulos said when asked if he was second-guessing the Marlins deal. "But the process when you go into these things, you know there's no guarantees of performance.

"Sometimes you have guys that perform a lot better than you thought they could, both internally and externally."

Bonifacio hit .218 as a utility player this season with three home runs, 20 runs batted in and 12 stolen bases. He saw time at second base, shortstop and all three outfield positions. Kansas City claimed the 28-year-old on waivers, forcing Anthopoulos to strike a deal.

"It just didn't work out," said Blue Jays manager John Gibbons. "Ton of talent, got some opportunities. It just never came together on a consistent basis. We loved the guy, what he brings to the park. He shows up to play, he could make some things happen. There just wasn't enough consistency there."

THE CANADIAN PRESS

Roster moves

- Trading Emilio Bonifacio cleared space on the roster for outfielder Kevin Pillar, who was recalled from triple-A Buffalo.
- Toronto also announced that outfielder Colby Rasmus was on the 15-day disabled list and recalled popular infielder Munenori Kawasaki.

4 SPORTS

0W-20 SYNTHETIC OIL CHANGE

LOWEST PRICE

GUARANTEE§

Should you find a lower price for an equivalent 0W-20 full synthetic oil and filter change from any other service centre in Ontario, your Ontario Honda Dealer will match it.§

OntarioHondaService.com
Ontario Honda Dealers

HONDA GENUINE PARTS & SERVICE

§Should you find a lower advertised price within thirty (30) days before or after a qualifying 0W-20 full synthetic oil and filter change at a participating Ontario Honda Dealer, present the Ontario Honda Dealer where you serviced or intend to service your vehicle (with a 0W-20 full synthetic oil and filter change) with proof of the advertised price and they will match the lower price. Offer does not apply to quotes or advertised prices from outside Ontario, advertising errors or misprints, or restricted offers. Qualifying oil and filter changes must be conducted at a participating Ontario Honda Dealer. Advertised item must: (i) be an equivalent 0W-20 full synthetic oil and filter change; (ii) be sold/serviced through an authorized service centre located in Ontario; and (iii) be in Canadian dollars. Lowest Price Guarantee does not include taxes. Some restrictions apply. Offer subject to change or cancellation without notice. Ask your Ontario Honda Dealer for details.

Service Directory

To advertise contact Ian March at 416-443-4388

FINANCIAL

OVERWHELMED BY DEBT?

CALL THE Licensed Debt Professionals™

GET OUT OF DEBT!

- Avoid Bankruptcy
- 1 Low Monthly Payment
- No Interest Charges
- Stop Collection Calls
- Government Licensed Proposal Administrators

David Sklar, C.A., CIRP, Trustee

FREE Consultation 310-9200

(NO AREA CODE NEEDED)

DAVID SKLAR & ASSOCIATES INC.
Licensed Proposal Administrators & Trustee in Bankruptcy

HEAD OFFICE: 245 FAIRVIEW MALL DRIVE, SUITE 720, TORONTO, ON, M2J 4T1
NORTH YORK • TORONTO • PICKERING / AJAX • MISSISSAUGA / ETOBICOKE • BRAMPTON

For more information visit us online at www.DavidSklar.com

STOP COLLECTION CALLS

GET DEBT RELIEF NOW!

CALL ERIKA
(LICENSED DEBT EXPERT)

Reduce or Eliminate Tax Debt too.
Stop Garnishments and Court Actions
Debt Proposals, Debt Counselling, Avoid Bankruptcy
Call NOW to talk with a Government-Licensed Expert
Low income? No problem! Ask about our affordable, very low fee to get Debt-Free.
We're here to help. Friendly, Caring Professionals.
Free consultation. Same day appointments.

1-877-332-8416
416-288-8048

Scarborough (Main office), Weston, Brampton, Oshawa, Mississauga (Pt Credit)

Rusinek & Associates Inc Trustee in Bankruptcy
www.rusinek.ca

CREDIT PROBLEMS?

REDUCE YOUR DEBTS & SLEEP WELL

Consolidate All Your Debts Into One Small Monthly Payment & Pay NO Interest

EMPIREONE CREDIT SOLUTIONS

WE OFFER FREE CREDIT CHECKS
FREE ONE ON ONE CONSULTATION
416-900-2324
www.empireonecredit.com

BBB ACCREDITED BUSINESS

SCARBOROUGH 250 Consumers Rd. Suite 810
OSHAWA 286 King St. W. Suite 303
NORTH YORK 1111 Finch Ave. W. Suite 207
MISSISSAUGA 165 Dundas Ave. W. Suite 307

LOWEST Bad Credit Rates since 1984

What would you do with $20,000?

PFS

✓College tuition?
✓Home Renovation?
✓Wedding?

You decide.

Have a paid off car 6 years or newer?
You could borrow up to $20,000 the same day from *Prudent Financial.*

416-634-2013 BorrowWithYourCar.com

LEGAL

Family & Criminal Lawyers

416-485-8545
6026 Yonge St.
(Yonge and Finch)

Elena E. Mazinani
Mazinani Law Offices

- ☑ Uncontested Divorce *($299 + court fee)*
- ☑ Child Support & Custody
- ☑ Division of Property & Spousal Support
- ☑ Criminal Law
  Theft, Assault, Drug Offences, Bail

HOME CARE

ALLIANCE Home Healthcare Services

LET US ASSIST YOU & YOUR LOVED ONES

4 HOURS FREE UPON SIGN UP

- Housekeeping & Laundry
- Meal Preparation & Assistance
- Appointments & Shopping
- Family Caregiver Relief
- Developmental Services
- Alzheimer's Care
- Personal Care & Hygiene Services
- Companion Services & Much More

Call us today at 416-556-5290 (Cell) 416-615-1888 (Toronto) and 905-699-0789 (Mississauga) Fax: 416-615-1889 or email toronto@alliancehomehealth.ca for more information

www.alliancehomehealth.ca

Consumer Loans

cln finance™

Quick and Easy approvals
Discharged from bankruptcy or consumer proposal welcome
APPLY TODAY
Tel# 416.494.1144
www.clnfinance.com

MORTGAGES

1st & 2nd Mortgages
Debt Consolidation
*Low Rates, *No Fees
Bad Credit Welcome
*CREDIT APPROVED
*terms and conditions apply Lic# 10154

MORTGAGE GENIE
www.mortgagegenie.org
416-667-9834

EDUCATION

AUDIO PRODUCTION PROGRAM APP AMI ARTS MANAGEMENT PROGRAM

HARRIS

New Google Interactive Tour

View 360° interior perspectives at:
ROCK-ENROLL.ORG

visit metronews.ca

metro

PSYCHIC

INDIAN FAMOUS ASTROLOGER
Pandit Jagadish

Marriage, Business
Job, Children, Health
Depression, Love
Court, Sexual Etc
I CAN HANDLE ANY PROBLEM
100% Guarantee
REMOVE BLACK MAGIC IN 2 DAYS
& GIVES IMMEDIATE PROTECTION
647-532-8224
1290 Finch Ave. W, #23, North York
Keele & Finch

Indian Famous Astrologer
Pandit: SHANKAR SHASTRY

I will Remove Black Magic, Evil Spirit, Bad Luck, Evil Eyes, Jealousy & any Problem.
Love * Money * Job * Health
Relationship * Family * Court
Children * Divorce Etc
100% Guarantee, QUICK Results
647-330-6629
67A Dundas St. W (Dundas & Hwy 10)

Pandit: Maha Deva
The Most Powerful Spiritual Healer
Solves all Problems
Love * Marriage * Kids
Education * Business* Job
Money * Health * Sexual
Family Prob * Enemy*Court
$5 Reading
100%Removing Black Magic*Evil Spirits*Obeya*Voodo*Jodo*Bad Luck*Jealousy*Witchcraft*And Gives Strong Protection...
647-709-6677
(Markham & Finch)

Profile
Metro Toronto
Poop-like debris that fell from sky in Mississauga still a mystery; Canada Transport says not from plane
ow.ly/mtQio
Metro Toronto
Developing: 401 eastbound ramp closed after fatal crash ow.ly/mtKWu #Toronto
Metro Toronto
Milton family in "terrible pain" as autopsy confirms toddler left in car died from heat exposure ow.ly/mtIHc

@metrotoronto

metro

Horoscopes

♈ Aries
March 21 - April 20
If you start your day early and finish it late, you will get through ten tasks to every one your rivals manage to complete. Your momentum will keep you going through tomorrow and into the weekend.

♉ Taurus
April 21 - May 21
You seem to be torn between options, unable to decide which is the best route. Sit quietly for a few minutes and let your intuition guide you. Deep down you already know what the answer is.

♊ Gemini
May 22 - June 21
Ignore those who say you are going to fail, they don't know what they are talking about. Equally likely is that they fear your efforts will bring you huge success, making them look bad. Good — go for it!

♋ Cancer
June 22 - July 23
You don't have to face a tough situation alone today. You have friends all around you. All you have to do is reach out to them and they will gladly assist.

♌ Leo
July 24 - Aug. 23
With Mercury in your sign linked to genius planet Uranus, you will come up with ideas that could change the world. Even if you don't want to go that far, you can certainly change your life for the better.

♍ Virgo
Aug. 24 - Sept. 23
The next 24 hours may be a bit too noisy for your tastes but you will get through it OK. Instead of trying to avoid loud people why not, for a short time, get loud yourself.

♎ Libra
Sept. 24 - Oct. 23
Do what makes you feel good, rather than what makes others feel good. You have every right to pursue your own happiness and prosperity. Anyone who tells you otherwise is a fool.

♏ Scorpio
Oct. 24 - Nov. 22
Changes in your career or social life may make it difficult to plan ahead but that is not a bad thing. Today's Mercury-Uranus link will throw up an unexpected opportunity. Grab it with both hands.

♐ Sagittarius
Nov. 23 - Dec. 21
Sometimes it's OK to get angry. In fact, if someone annoys or provokes you today you must let them know about it in up-front terms. Some people, sadly, are simply too dim to learn any other way.

♑ Capricorn
Dec. 22 - Jan. 20
The best cure for doubt is action, so throw yourself at what you have to do today and forget everything else, at least for a while. You will find that what you have been worrying about is of no concern.

♒ Aquarius
Jan. 21 - Feb. 19
You may look cool and calm to the world at large but deep down you are actually a sensitive person and you must not try to deny it. Let your passion drive your actions.

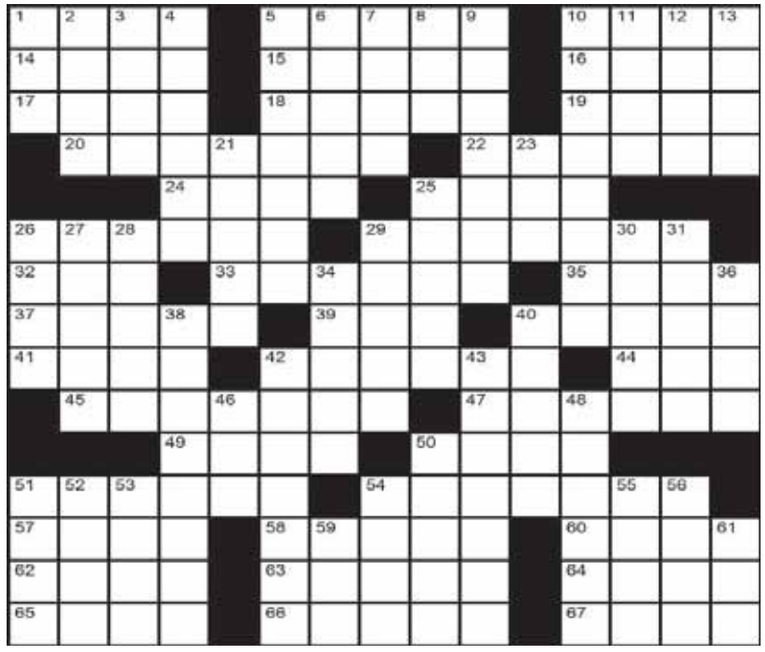
♓ Pisces
Feb. 20 - March 20
Open your mind to new possibilities, especially where money and related matters are concerned. Your instincts will guide you in the right direction.

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



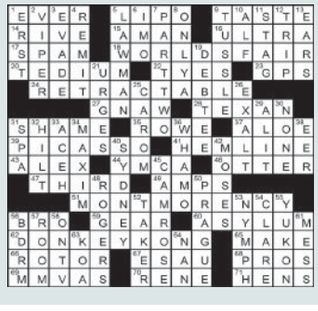
Across

1. Alphabet sequence
5. Military doc
10. Person, place or thing
14. __ mortals
15. Andrew Lloyd Webber musical
16. Competent
17. Regrettably
18. "__ '__ In": Wings song that goes "Someone's knockin' at the door."
19. Canadian hardware store
20. "Danny's Song" by Loggins and __
22. Belovedly win over
24. Superlative suffix
25. Move like a river
26. Art stands
29. Hybrid pastries currently a craze
32. Understood
33. Cowboy's prop
35. Dubai, United __ Emirates
37. Canadian actor Paul
39. Prince Valiant's son
40. Talk in a monotone
41. Colonnade of ancient Greek architecture
42. Machu __ (Inca archaeological site)
44. Stage actress Ms. Hagen
45. Toronto-born actress Ms. Watson whose name is Western-inspired
47. 2009 James Cameron movie
49. Vegetable variety
50. Dish of the day, __ du jour
51. Keep your cool: 2 wds.
54. __ cheese sandwich
57. __ the crack of dawn: 2 wds.
58. Detached in manner
60. Land amount
62. Ms. Remini
63. #10-Down's expression: "Doot __ Doot Doo..."
64. Certain carpet
65. Mr. Affleck's
66. County in England
67. "No Particular Place __ __" by Chuck Berry

Down

1. ABC's early li'l daytime show
2. Leadership position
3. "Dies __": Latin hymn meaning 'Day of Wrath'
4. Brit singer, __ J
5. "Canadian Idol" Season 3 winner Ms. O'Neil
6. Function
7. Ms. Von Teese
8. 'Meteor' suffix
9. Realm of Arthurian†legend
10. Interviewer, __ the Human Serviette
11. Woodwind
12. Forearm bone
13. Within earshot
21. Markets
23. Quebec turndown
25. Swiss currency
26. Scrambled servings
27. Major artery
28. "Cheers" seat
29. Approximately, in dates
30. Speckled fish
31. New†Mexico's capital, __ Fe
34. Broadway baritone John (b.1917 - d.2005)
36. Grizzly or Polar
38. Days of rest
40. Village in Saskatchewan
42. Fabricated beforehand
43. Nova Scotia's capital
46. Sushi bar's 'Unagi'
48. Etta James song Beyonce covered: 2 wds.
50. Worker, informally
51. Baby tulip
52. Sword sort
53. Scott of "Hawaii Five-0"
54. Mucky matters
55. Bon __ Provincial Park, ON
56. Pull along
59. 'L' in L.A.
61. Identity part

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

					7	4		
			6	8		7		
2	9	7				3		
8			7		4		6	
	3						9	
	7		8		1			4
		2				9	5	3
		4		6	2			
		3	5					

Yesterday's Sudoku

1	8	2	7	5	6	3	9	4
6	5	4	9	3	1	2	7	8
3	9	7	8	4	2	5	1	6
2	3	6	5	9	7	8	4	1
5	7	1	2	8	4	9	6	3
8	4	9	6	1	3	7	2	5
4	1	5	3	2	9	6	8	7
7	2	3	4	6	8	1	5	9
9	6	8	1	7	5	4	3	2

Today
23°/12°
Mainly sunny

Friday
24°/15°
Mainly sunny

Your #1 weather forecast now available in HD.
Check your local listings for details.
The Weather Network | HD

TWN incorporates MSC data

visit metronews.ca

metro

HYUNDAI ADVANTAGE

- ✓ 0% FINANCING FOR UP TO 96 MONTHS *ON SELECT MODELS*
- ✓ LOW PAYMENTS
- ✓ WELL EQUIPPED VEHICLES
- ✓ 5 YEAR WARRANTY

WELL EQUIPPED:

- ✓ AIR CONDITIONING
- ✓ HEATED FRONT SEATS
- ✓ HEATED DOOR MIRRORS
- ✓ FRONT ACTIVE HEADRESTS
- ✓ FRONT, SIDE & CURTAIN AIRBAGS
- ✓ POWER WINDOWS & DOOR LOCKS
- ✓ AM/FM/CD/MP3/USB/iPOD® AUDIO SYSTEM WITH STEERING WHEEL AUDIO CONTROLS

USB UNIVERSAL SERIAL BUS | 5 YEAR WARRANTY

2013 ACCENT 5 DR GL

HWY: 5.3L/100 KM
CITY: 7.1L/100 KM▼

SELLING PRICE: $17,335♦ ACCENT 5 DR GL 6-SPEED MANUAL.
$200 PRICE ADJUSTMENTΩ, FEES, DELIVERY & DESTINATION INCLUDED. PLUS HST.

OWN IT FOR **$83** BI-WEEKLY
WITH **0%†** FINANCING FOR 96 MONTHS
INCLUDES **$200** IN PRICE ADJUSTMENTSΩ

NO MONEY DOWN

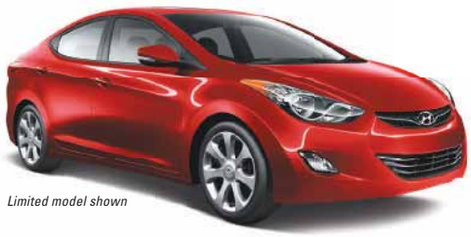
2012 BEST NEW SMALL CAR (UNDER $21K)

Automobile Journalists Association of Canada

GLS model shown

2012 CANADIAN AND NORTH AMERICAN CAR OF THE YEAR

Automobile Journalists Association of Canada



Limited model shown

2013 ELANTRA GL

HWY: 5.2L/100 KM
CITY: 7.1L/100 KM▼

SELLING PRICE: $19,285♦ ELANTRA GL 6-SPEED MANUAL.
$750 PRICE ADJUSTMENTΩ, FEES, DELIVERY & DESTINATION INCLUDED. PLUS HST.

OWN IT FOR **$92** BI-WEEKLY
WITH **0%†** FINANCING FOR 96 MONTHS
INCLUDES **$750** IN PRICE ADJUSTMENTSΩ

NO MONEY DOWN

WELL EQUIPPED:

- ✓ AIR CONDITIONING
- ✓ 6 AIRBAGS
- ✓ iPOD®/USB/AUXILIARY INPUT JACKS
- ✓ POWER WINDOWS & DOOR LOCKS
- ✓ SIRIUS XM™ RADIO WITH BLUETOOTH® HANDS FREE PHONE SYSTEM & STEERING WHEEL AUDIO CONTROLS
- ✓ CRUISE CONTROL
- ✓ HEATED FRONT SEATS

SiriusXM SATELLITE RADIO | Bluetooth | USB UNIVERSAL SERIAL BUS | 5 YEAR WARRANTY

WELL EQUIPPED:

- ✓ AIR CONDITIONING
- ✓ 7 AIRBAGS
- ✓ SIRIUS XM™ RADIO WITH BLUETOOTH® HANDS FREE PHONE SYSTEM
- ✓ VEHICLE STABILITY MANAGEMENT W/ESC & TRACTION CONTROL SYSTEM
- ✓ HEATED FRONT SEATS
- ✓ FOG LIGHTS
- ✓ ACTIVE ECO SYSTEM

SiriusXM SATELLITE RADIO | Bluetooth | USB UNIVERSAL SERIAL BUS | 5 YEAR WARRANTY

2013 SANTA FE SPORT 2.4L FWD

HWY: 6.7L/100 KM
CITY: 10.1L/100 KM▼

SELLING PRICE: $27,895♦ SANTA FE SPORT 2.4L FWD AUTO.
$500 PRICE ADJUSTMENTΩ, FEES, DELIVERY & DESTINATION INCLUDED. PLUS HST.

OWN IT FOR **$139** BI-WEEKLY
WITH **0.99%†** FINANCING FOR 96 MONTHS
INCLUDES **$500** IN PRICE ADJUSTMENTSΩ

OR

STEP UP TO THE SANTA FE **XL**
FOR ONLY **$33** MORE BI-WEEKLY
7 PASSENGER SEATING

NO MONEY DOWN

2013 CANADIAN UTILITY VEHICLE OF THE YEAR

Automobile Journalists Association of Canada

Limited model shown

5 YEAR WARRANTY

5-year/100,000 km Comprehensive Limited Warranty††
5-year/100,000 km Powertrain Warranty
5-year/100,000 km Emission Warranty

HYUNDAI | NEW THINKING. NEW POSSIBILITIES.™
HyundaiCanada.com

™The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. All other trademarks are the property of their respective owners. †Finance offers available O.A.C. from Hyundai Financial Services based on a new 2013 Accent 5 Door GL 6-Speed Manual/Elantra GL 6-Speed Manual/Santa Fe Sport 2.4L FWD Auto with an annual finance rate of 0%/0%/0.99% for 96 months. Bi-weekly payments are $83/$92/$139. No down payment required. Cost of Borrowing is $0/$0/$1,131. Finance offers include Delivery and Destination of $1,550/$1,550/$1,760 fees, levies, and all applicable charges (excluding HST). Finance Offers exclude registration, insurance, PPSA and license fees. Delivery and Destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. Financing example: 2013 Elantra GL 6-Speed Manual for $19,285 (includes $750 price adjustment) at 0% per annum equals $92 bi-weekly for 96 months for a total obligation of $19,285. Cash price is $19,285. Cost of Borrowing is $0. Example price includes Delivery and Destination of $1,550 fees, levies, and all applicable charges (excluding HST). Finance example excludes registration, insurance, PPSA and license fees. Delivery and Destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. ▼Fuel consumption for 2013 Accent 5 Door GL 6-Speed Manual (HWY 5.3L/100KM; City 7.1L/100KM)/Elantra GL 6-Speed Manual (HWY 5.2L/100KM; City 7.1L/100KM)/ Santa Fe Sport 2.4L FWD Auto (HWY 6.7L/100KM, City 10.1L/100KM) are based on Energuide. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. ♦Price of models shown: 2013 Accent 5 Door GLS 6-Speed Manual/ Elantra Limited/ Santa Fe Sport 2.0T Limited AWD are $19,385/$24,985/$40,395. Prices include Delivery and Destination charges of $1,550/$1,550/$1,760 fees, levies, and all applicable charges (excluding HST). Prices exclude registration, insurance, PPSA and license fees. ΩPrice adjustments are calculated against the vehicle's starting price. Price adjustments of up to $200/$750/$500 available on 2013 Accent 5 Door GL 6-Speed Manual/Elantra GL 6-Speed Manual/ Santa Fe Sport 2.4L FWD Auto. Price adjustments applied before taxes. Offer cannot be combined or used in conjunction with any other available offers. Offer is non-transferable and cannot be assigned. No vehicle trade-in required. †Ω♦Offers available for a limited time, and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.